







SCOTTISH BORDERS

INTEGRATED CHILDREN & YOUNG PEOPLE'S PLAN

ANNUAL PROGRESS REPORT 2022-23





Contents

Introduction	3
Priority 1 Progress	4
Addressing Child Poverty	4
Trauma Informed Practice	4
Priority 2 Progress	5
Emotional Wellbeing and Mental Health	5
Trusted Adults	5
Priority 3 Progress	6
Delivering The Promise	6
Supporting Transitions	6
Priority 4 Progress	8
Children and Young People's Participation and Engagement Strategy	8
Communication and Social Research with Children, Young People and their families	8
Conclusion	11
Appendix A - Whole Family Wellbeing Funding – Reporting progress as part of annual Children's Services Plans (CSP) Reports (March 2023)	13
Appendix B – Review of Inspiring Young Minds	17
Appendix C – Glossary	20

Introduction

Welcome to the 2022-23 Progress Report of our Integrated Children & Young People's Plan for the Scottish Borders. The report reflects progress made in relation to the delivery of shared partnership priorities as set out in the <u>2021-2023 plan</u>, and is the final progress report of this 2021-2023 plan.

Under the Children & Young People's (Scotland) Act 2014 (Part 3 - Children's Services Planning) there is a duty to prepare and publish an Annual Report.

The report should set out progress on:

- Children's services in a one-year period (April to March) provided in accordance with the Integrated Plan
- What that provision has achieved
- Aims of Children's Services planning
- Outcomes focused on the wellbeing of children and young people in the area.

This commitment has been actioned through the work of the Children and Young People's Leadership Group (CYPLG) on behalf of the Scottish Borders Community Planning Partnership (CPP).

The CYPLG brings together partners from Scottish Borders Council, NHS Borders, Police Scotland, the Scottish Children's Reporter Administration, and the Third Sector and are committed to using their combined resources to deliver the best possible services they can, for children and young people, working with the following vision:

'Working together we will ensure all children and young people have a sense of belonging, self-worth and self-confidence to achieve their unique potential.'

The CYPLG works with shared priorities to deliver meaningful and sustainable improvements to the lives of all our children and young people, to ensure that *everyone* can reach their full potential, and the report outlines progress on the following agreed priorities -

- 1. Keeping children and young people safe
- 2. Improving health and well-being and reducing inequalities
- **3.** Targeting support to maximise life experiences and opportunities and ensuring inclusion
- 4. Increasing participation and engagement

As well as a range of legislation and national policy, the 2021-2023 plan, (and therefore this annual report) is informed by the United Nations Convention on the Rights of the Child (UNCRC) and adopts the national 'Getting it right for every child' (GIRFEC) wellbeing framework. Achieving our priorities, and the actions contained within them, contribute to The Scottish Government's National Performance Framework's vision for children and young people: "we grow up loved, safe and respected so that we realise our full potential."

The partnership also has strong links across other strategic groups and governance arrangements e.g., Alcohol and Drug Partnership, Public Protection Committee, Integrated Joint Board, which ensures the work being progressed by the partnership supports the work of other groups, and that other groups have an awareness of their responsibility regarding children, young people, carers, and families.

As well as outlining progress on our 2021-2023 Integrated Children & Young People's Plan, this report also sets out progress made on local delivery of work relating to the Whole Family

Wellbeing Funding (WFWF). This enables the communication of data and evidence to demonstrate accountability for use of local resources by Community Planning Partners as well as providing an evaluation of the WFWF. Full progress is shown in Appendix A.

A Children and Young People's Services Plan for 2023-26 will be published in June 2023, and a Children and Young People's Planning Partnership (CYPPP) now replaces the CYPLG. There is a requirement to deliver The Promise fully and effectively, and to monitor and develop corporate parenting, and the new plan and Partnership will address this.

Priority 1 Progress

Priority 1: SAFETY: Keeping children and young people safe

Outcome: More children and young people will be protected from abuse, harm or neglect and will be living in a supportive environment, feeling secure and cared for.

Theme A

Addressing Child Poverty

The Partnership contributes to monitoring progress on child poverty via the Child Poverty Action Group.

Reports relevant to Child Poverty, including the annual report, are via:

Strategies, plans and policies directory - Child Poverty | Scottish Borders Council (scotborders.gov.uk)

Theme B

Trauma Informed Practice

A joint psychological trauma steering group has been established which is jointly chaired by the SBC trauma champion and the NHS Borders trauma champion. This is a multi-agency group which meets every two months with three key aims:

- a) Destigmatise trauma and advocate that all people in contact with our services receive a compassionate human response.
- b) Be a focal point to provide information, resources, and guidance on trauma training (informed by the NTTP); and have oversight that training is evidence based, has a robust governance structure in place and is informed by people with lived experience.
- c) Provide leadership and direction for promoting Trauma Informed Practice

This enables a well-co-ordinated approach to embedding the Transforming Psychological Trauma Knowledge and Skills Framework. Current work involves mapping on training offered in trauma to ensure it is evidence based and maps on to the framework. Planned work involves a trauma needs analysis and development of a workplan with key priorities for 2023/24.

Priority 2 Progress

Priority 2: WELLBEING: Improving health and well-being and reducing inequalities

Outcome: Inequalities in the health and wellbeing of children and young people are reduced.

Theme A

Emotional Wellbeing and Mental Health

A Project Board continues to oversee the delivery of the Community Mental Health and Wellbeing Framework.

Key Achievements during the reporting period include:

The Growing Confidence, Building Resilience in primary schools and the introduction of Young Minds Matters in secondary schools continues to be the foundation resources used across all Scottish Borders schools. These complementary, age appropriate, programmes better equip young people with the skills to cope when they experience difficulties, setbacks, and challenging times. So far, 4876 pupils S1-S4 have undertaken these sessions in academic year 2021/22 and 2022/23

Kooth and Togetherall are digital platforms covering the 10-18 year old age group & 16+ age group. Children and young people use the services throughout the year, with an average of 50% accessing this online support out with working hours. The main areas where support is offered are; anxiety, depression or low mood, suicidal thoughts, and self-harm. Current registrations for Kooth and Togetherall are circa.4500 and 850.

The Abuse and Trauma Recovery Service is for children and young people who have experienced sexual, physical and/or emotional abuse and where there is an impact of parental behaviour. Additional funding has enabled those on the waiting list, who would not be assessed at crisis point, to receive help and support at an earlier stage in the process.

Engaging underserved populations including BAME through the commission of Action for Children

A Service Directory identifying children and young people services at opt-in, self-referral, self-help, prevention, and early intervention levels is under development.

Theme B

Trusted Adults

There was a strategic agreement to commission an awareness raising campaign on Trusted Adults in January 2023. Unfortunately we were unable to commission a service to deliver this work. The Board who were going to oversee this are now reconsidering how this could be delivered moving forward. Scottish Government have been running a pilot in 2022/20233 with other local authorities around the Trusted Adult and this will be launched nationally in September. It is hoped this will form the basis of the work moving forward within the Scottish Borders, as resources and training materials will be available for local authorities to use.

Priority 3 Progress

Priority 3: INCLUSION: Targeting support to maximise life experiences and opportunities and ensuring inclusion

Outcome: Life experiences and opportunities are improved for children and young people who require our targeted support.

Theme A

Delivering The Promise

Over the past year, there have been a range of developments to support implementation of the Promise in the Scottish Borders.

The Promise Team

In Summer 2022 the Promise Implementation Officer role was made permanent. In March 2023, a new Promise Project Worker role was created. These officers work in partnership with children, young people and their families and across services.

Brothers and Sisters Project

Over the last twelve months Children1st have undertaken this project, in partnership with Scottish Borders Council, funded by The Promise Planning Partnership. The project is now in its second year having undertaken initial mapping and recruited a Team Leader and Project worker to post.

The initial baseline data report was produced using data from the social work database and gives some sense of care experienced children and their brothers and sister relationships. The team completed an initial analysis that includes a breakdown by age, placement type, legal order, relationship type, distance lived from their brothers and sisters. Some further work is needed to develop the data around 'sibling like' relationships such as foster brothers and sisters etc.

The team initially identified six families to support and work through a test, learn, and develop approach, and have worked with 12 families in total. They provide individual and joint play based therapeutic sessions. Their work is informed by Systemic Family Therapy and Psychodynamic training and principles and is guided by Trauma recovery focused practice.

The team can offer support around family time and use FGDM as a way to identify solutions for families to support brother and sister relationships. The project supports brothers and sisters who do not live together to keep their

Theme B

Supporting Transitions

Work around transitions, and in particular school/college to post school, continues to be the focus of the Young Person's Guarantee (YPG) priority #1.

Transition tracking has been introduced for care experienced young people to ensure a positive and sustained destination. The Virtual Headteacher meets with Skills Development Scotland (SDS) Team Leader on a monthly basis to review planned and actual destinations of recent care leavers and offer support and intervention where required.

Borders College and SDS work in partnership to track and offer support to young people withdrawing from college early or unsuccessful in their application.

The 14+ framework has been refreshed and reviewed to reflect national developments in transitions for Additional Support Needs (ASN) young people. The three core partners that support 'Team Around the School Transitions' are school, SDS and Developing the Young Workforce (DYW). The wider team includes third sector, Scottish Borders Council's Employability Team, Community Learning and Development Team (CLD) and Borders College.

Closer working has been established between YPG working group and the Transitions Steering Group to overcome duplication of priorities and ensure a joined approach.

An ASN Transition planning workshop was held on 18th January and attended by school DYW Leads and other professionals including SDS and Educational Psychologists to promote a multi-agency approach to improve transition planning and ensure consistency across Scottish Borders secondary schools. Input from Arc Scotland on the Principles into Practice and mapping current practice and reality of transitions process.

relationship strong, and they can help brothers and sisters who don't live together to reunite, rebuild, and repair their relationships - for now and into the future. They also work to support the re-establishment of lapsed family time between brothers and sisters and find and create opportunities for them to stay connected for example through drawings, letters, photos, postcards, and virtual meetings. They can facilitate time for brothers and sisters to spend time together in person and explore the possibility of brothers and sisters living together again.

Wheatlands Children's House

In May 2022, Wheatlands House received an Excellent (grade 6) following their unannounced inspection by the Care Inspectorate. The report highlights that the service demonstrates "major strengths in supporting positive outcomes for young people" and that there are "several areas of practice that are considered to be sector leading."

Key points within the report stated that the young people living at Wheatlands were well supported by a stable and committed staff team, that they enjoyed positive relationships with staff members and other young people and that they were listened to and were supported to meet their aspirations and potential in all areas of life. Wheatlands won the Scottish Social Services Award for Outstanding Residential Care Service for 2022 in November. Amongst the many strengths of the service, the team's ethos for engaging with young people who have moved on from the home was seen as highly positive, with previous young people receiving Christmas and birthday cards and 'thinking of you' messages. They are also regularly invited for Sunday dinner and to other special occasions.

E-learning module

In the first half of 2022, a group of corporate parents in the Scottish Borders worked on a collaborative project with Who Cares? Scotland to create multi-agency online live and e-learning corporate parenting training which includes content on the Promise and the UNCRC. Initial content was developed by Who Cares? Scotland, and this speaks to the national picture. The group worked together to capture the unique story of Corporate Parenting in the Borders. Who Cares? Scotland are early adopters of the Each and Every Child Framing Recommendations, and the language in the training materials carefully reflects this.

The Promise awareness raising sessions Over the last twelve months awareness of The Promise and the Champions Board has The South of Scotland ASN Learning Network, (established in October 2021), received an additional years funding from the South of Scotland Enterprise (SOSE) and is facilitated by Inspiring Scotland. One of its key aims is to share best practice and innovation in the South of Scotland region in transition and employability policy for young people and adults with additional support needs. A report on progress shares recordings of spotlight sessions from young people across the region including the Employment Support Service of Scottish Borders Council.

The February publication of school leaver destinations showed that 96.6% of school leavers in 2021/2022 from Scottish Borders schools progressed into a positive destination. This compared to 95.7% nationally.

The development of transition programmes and information through the use of technology to support with transitions from primary to secondary continued in 2022/2023. This includes young people making videos about themselves and secondary teachers delivering elements of curriculum to primary pupils using technology. All schools use *Showbie* as a transition tool from primary into secondary. This will be further developed in the next academic year to improve consistency.

Appendix B sets out a Review of Inspiring Young Minds and Kelso High School Study Leave Programme April-June 2022. continued to be promoted through online and face-to-face presentations and workshops with foster carers, inter-agency colleagues, strategic groups, and external partners. Presentations are adapted and tailored depending on the needs of the particular group.

Reframing Our Language Guide

In February 2023, the Promise Team published a 'Reframing Our Language' guide. This was developed from work undertaken by Champions Boards in other areas, a tool developed by Includem and through engagement with Scottish Borders foster carers.

Strategic Governance and the Children and Young People's Planning Partnership

Work has been progressing during the reporting period to ensure The Promise is central to delivering services for children, young people and families in Scottish Borders. Governance arrangements have been developed in ongoing consultation with multi-agency partners to ensure that the Promise is at the heart of our thinking.

Priority 4 Progress

Priority 4: PARTICIPTION: Increasing participation and engagement

Outcome: All our children and young people will be encouraged to be involved in the planning, provision and delivery of services and their rights will be respected.

Theme A

Children and Young People's Participation and Engagement Strategy

Work has been carried out with a diverse group around Article 12 of the UNCRC and what it means for young people. Article 12 says that 'every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously'. This group has also been involved around the thinking on how a Children and Young People's Participation and Engagement Strategy should look, and how young people should be more represented on various SBC and community fora and committees. The development of a Children and Young

Theme B

Communication and Social Research with Children, Young People and their families

The Champions Board approach has continued to be developed with care experienced children and young people over the past twelve months. For example, a schools pilot was established in two local secondary schools at the start of 2023. Setting up Champs Hubs in schools allows for getting to know children and young people in their communities, as well as working alongside school staff to support them to understand their Promise and Corporate Parenting responsibilities. The Champions Board are also developing hubs at local colleges.

Updates about Champions Board progress have been published in April 2022 and February 2023 via Champions Board Reports which have been People's Participation and Engagement Strategy is a priority for 2023/24.

The CLD Service supports members of the Scottish Youth Parliament (MSYP) to engage locally and nationally on issues affecting young people.

Children's Rights are central to the work of the partnership and the Children's Rights report can be found at:

Children's Rights Report 2021-23 | Scottish Borders Council (scotborders.gov.uk) developed and designed by the Lead Young Person and informed by feedback and ideas from Champions Board members.



Champions Board Annual Report Feb 20

Over the summer and autumn of 2022, TD1 Youth Hub in Galashiels undertook local research with young people to inform a report highlighting young people's use of alcohol and drugs and the barriers to accessing support services. This involved a streetbased survey with 108 young people, focus groups with 43 young people and more in-depth work with 7 young people. This work was commissioned by the Alcohol and Drugs Partnership and also presented to the Children and Young People's Leadership group. The research provided updated information in terms of young people's substance use and highlighted the importance of trusting relationships both in support harm reduction messages and accessing services. This work will help inform the commissioning plan for the CYPPP.

In November 2022, our Members of the Scottish Youth Parliament (MSYP) took part in two national education consultations - the Hayward Review and the National Discussion to have their say on the education system in Scotland. MSYPs debated issues at sittings on subjects such as — training in schools on substance misuse; access to school toilets; Educational Maintenance Allowance (EMA) for Asylum Seekers; improved mental health access for care experienced young people; cost of living support; Bereavement support for young people and much more.

MSYPs were also involved in the Children at Risk of Harm (CARH) Care Inspectorate inspection, attended the May 2022 Local Council Elections count, and held meetings with senior staff and Council leaders on the implementation of the Young People's Participation and Engagement Strategy.

Young people are represented at Scottish Borders Council Education Sub Committee and have their voices heard on a range of issues. The Education Executive representatives have also been involved in a promotional video for demand responsive transport in the Berwickshire area, to highlight the need for public transport access for young people to use their free Under 22s bus pass, get to work opportunities and enjoy their local area in their free time, thus allowing them the same opportunities as their peers in urban areas.

Scottish Borders Youth Voice (SBYV) has also engaged in partnership projects around the United Nations Convention on the Rights of the Child (UNCRC). Working with NHS Borders and Lauder

Primary School to create awareness raising resources for children in clinical settings; engaging young people from BANG (Borders Additional Needs Group) in discussions on children's rights through activities and a podcast (with the Promise Team); and running a project called Article 12 @ the Heart to engage more hard to reach young people in understanding the UNCRC and learning skills on how to have their voices heard.

SBYV has engaged with high school Pupil Councils to create more of a cohesive communications connection so that young people's voices are heard at all levels locally and nationally more easily. They have also attended school assemblies highlighting youth voice opportunities both locally and nationally to ensure that young people are aware of their options and how to get involved.

Scottish Borders pupils in Secondary Schools participated in the Scottish Schools Health and Wellbeing Improvement Research Network (SHINE) between October 2022 and January 2023. The survey looked at different aspects of mental health and wellbeing such as general health, strengths and difficulties, sleep scales, self-harm, and loneliness. The data report will be shared with the Mental Health and Wellbeing Project Board in order to support improvements in young people's wellbeing.

Scottish Borders pupils in Primary Schools participated in the Scottish Schools Health and Wellbeing Improvement Research Network (SHINE) between October 2022 and January 2023. The survey looked at different aspects of mental health and wellbeing such as general health, good childhood, me and my feelings and school. The data report will be shared with the Mental Health and Wellbeing Project Board in order to support improvements in young people's wellbeing.

The Community Mental Health and Wellbeing Project Board commissioned social research to build an understanding of:

- The capacity of existing support providers
- The extent and diversity of reach to children, young people and their families
- The knowledge and training needs of the workforce.

'Protecting children and young people's health and wellbeing in the Scottish Borders' was prepared in November 2022 by Catch the Light. The fieldwork involved children, young people and families as well as workforce representatives. Recommendations in the report will be actioned by the Project Board.

In March 2022, Scottish Borders schools took part in a Health and Wellbeing Census for P5-7 children in primary schools, and S1-6 young people in secondary schools. A separate Substance Use was completed by S4 young people only. Four key areas were identified for immediate action by Education

3. Body Image 4. Loneliness, stress, and worry
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Conclusion

The Children and Young People's Leadership Group are proud of the work done in 2022/23 under the Integrated Children and Young People's Plan for 2021/2023.

Over the lifetime of this Plan, the Leadership Group have delivered key actions to support each priority and achieve outcomes which have made a difference to the lives of all our children and young people.

Significant achievements have been made in each priority as below:

Priority 1 – the establishment of a joint psychological trauma steering group will help to destigmatise trauma, be a focal point for information, resources, and guidance, and provide leadership for promoting trauma informed practice.

Priority 2 - Kooth and Togetherall are digital platforms covering the 10-18 year old age group & 16+ age group. The main areas where support is offered are; anxiety, depression or low mood, suicidal thoughts, and self-harm. Current registrations for Kooth and Togetherall are circa.4500 and 850.

Priority 3 – Wheatlands Children's House received an Excellent (grade 6) in May 2022, following their unannounced inspection by the Care Inspectorate. The report highlights that the service demonstrates "major strengths in supporting positive outcomes for young people" and that there are "several areas of practice that are considered to be sector leading."

Priority 4 – TD1 Youth Hub in Galashiels undertook local research in the Summer and Autumn of 2022, with young people to inform a report highlighting young people's use of alcohol and drugs and the barriers to accessing support services. This involved a street-based survey with 108 young people, focus groups with 43 young people and more in-depth work with 7 young people. The research provided information about young people's substance use and highlighted the importance of trusting relationships both in supporting harm reduction messages and accessing services.

Building on the priorities of this plan, the new Children and Young People's Planning Partnership have agreed a set of priorities for the 2023-2026 Plan which are designed to align to the priorities of The Promise:

A good childhood

Mental health and emotional	Corporate parenting	Children in conflict with the
wellbeing of children and		law
young people		

Whole family support

Supporting families	Child poverty
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Planning and building capacity

Commissioning	A multi-agency	A participation and
	performance/outcome	engagement strategy
	framework for children and	
	young people	

Supporting the workforce

A children and young people workforce strategy	
A children and young people workforce strategy	

The Partnership looks forward to delivering the priorities of the 2023-26 Children and Young People's Plan and to continuing to work towards enhancing the lives of our children, young people and their families.

Appendix A - Whole Family Wellbeing Funding – Reporting progress as part of annual Children's Services Plans (CSP) Reports (March 2023)

SECTION 1: Activities, WFWF Logic Model Outcomes, and Budget Allocated

Question 1: Activity title and description	Question 2: During this year, how has this activity contributed (or is expected to contribute) toward one or more short-term, intermediate, or long-term WFWF Logic Model outcome(s) identified in your WFWF Initial Plan template? Please describe this using evidence and citing sources.	Question 3: Estimate of % of WFWF funding spent on this activity to date and estimate of % of this activity out of total WFWF budget.
Activity 1: Building staffing capacity within the CSPP	The outcome was to increase staffing capacity to implement the WFWF plan. We have made the Promise Implementation Officer role a permanent post and we have also just created a three-year Promise Project Worker post. The post will be a significant resource in terms of taking forwards the Whole Family Wellbeing Fund in the Scottish Borders.	Estimate that 4.6% of WFWF funding spent on this activity as of 01/04/2023 and estimate that this activity represents 6.1% of total WFWF budget for this year.
Activity 2: Analysis and evaluation of existing family support	Within the new Scottish Borders Children and Young People's Planning Partnership there is going to be a Whole Family Support Network which will have oversight of the Whole Family Wellbeing Fund (with support from the CYPPP Strategic Board). Once established, they will review and analyse the data collated via the Whole Family Support Service mapping exercise and the Catch the Light Report to use the Network members' collective knowledge and data to underpin a plan that extends beyond the period of funding, to inform service design for the future.	Estimate that 0% of WFWF funding spent on this activity as of 01/04/2023 and estimate that this activity represents 0% of total WFWF budget for this year. This is misleading however as reviewing and setting up a governance structure to enable better multi-agency use of the WFWF has been a significant piece of work involving senior staff from across agencies. The Promise Implementation Officer has played a lead role in this area.
Activity 3: Engagement with children and families	We have not yet formally engaged with children, young people and families as part of our WFWF work and planning. A lot of work over the last months has involved establishing our new governance	Estimate that 0% of WFWF funding spent on this activity as of 01/04/2023 and

	structure – the Children and Young People's Planning Partnership (CYPPP), and the new Board are committed to having children, young people and families involved at the heart of decision making within the new Networks and Board structure.	estimate that this activity represents 0% of total WFWF budget for this year.
	Recognising the need to involve quieter voices, we have started developing a new participation and engagement project called Article 12 at the Heart. This project is looking to bring together young people, adults who support young people and a local Councillor to explore how we can meaningfully involve young people in our CYPPP.	
	In addition, we have been developing our Champions Board Approach with care experienced children and young people, and since January we have started pilot Champions Board Hubs in two secondary schools in the Borders.	
Activity 4: self-assessment of readiness to change	This will be undertaken once the new Whole Family Support Network is established.	N/A
Activity 5: Scale-up of transformative and effective whole family support services	As Activity 4.	N/A

SECTION 2: Progress Narrative for your overall WFWF plans

Questions	Responses
Question 4: Overview description of what has been achieved to date and how this compares to intended plans, including specific partners who have been involved, particularly third sector organisations.	The development of a new multi-agency children's services partnership governance structure has been significant. The previous structure was reviewed in terms of delivering the Promise and it was agreed to develop both a new governance board – the Children and Young People's Planning Partnership and associated work streams. The Promise is regarded as the overall policy driver for the new structure and the 4 networks reflect the Priority Areas of the Promise – A Good Childhood, Whole Family Support, Supporting the Workforce and, Planning and Building Capacity.
	Development of the new governance structure has been participative and informed by a number of multi-agency partnership workshops and involved the voice of young people. Partners from across Scottish Borders Council, NHS Borders, Police Scotland, and a range of third sector organisations have been active participants and decision makers in establishing the new structure. The new structure leaves Scottish Borders in a much better position to use the WFWF to develop and transform service approaches to early intervention. The Whole Family Support work stream will be the primary route for developments in these areas.
Question 5: Main successes to delivery	See above (question 4).
and factors enabling these successes.	The funding of the Promise Implementation Officer and the Promise Support Worker posts through the WFWF has enabled specific resource to be dedicated to both the establishment of a new children's services governance structure and, going forward, transforming services in line with the principles and requirements of the Whole family Wellbeing Fund.
Question 6: Main challenges to delivery, and how these have been or plan to be mitigated. Please include any details on any activities which have not progressed as expected.	The main challenge to delivering progress on the WFWF has been the time it has taken to develop the new children's services governance structure. The development pre-dated the granting of the WFWF which complicated progress of transformational change as Scottish Borders were effectively in an interim phase of governance. The new CYPPP Board formally met for the first time on 21/04/2023.
Question 7: How have the activities and outcomes in Section 1 been informed by different stakeholders? (especially third	As stated in question 4, third sector representation has been involved in the preparation for the new governance structure which will allow considered use of the WFWF.

sector partners and children and families)	Children, young people and their families have not been specifically involved in developments to date, though the Champions' Board lead young person has been involved in all preparation workshops for the new governance structure. It is the aim of the structure to have young people attending the CYPPP Board and have young people co-chairing the work streams which feed into the Board. Scottish Borders have made considerable progress in embedding participation over the last 18 months. A Champions' Board has been established and, to ensure representation of as many voices as possible, includes school-based Champions' Board hubs and individual one-to-one participation sessions for 'quieter voices'. There is also a group of young people looking at the implementation of Article 12 of the UNCRC across the Scottish Borders.
Any other comments, innovative work, relevant learning, or unexpected changes identified during this year?	Although Scottish Borders have been slow in developing transformational change in line with the Whole family Wellbeing Fund, we are now in a position to do so with an effective multi-agency governance and decision-making structure. This will build on considerable progress over the last 2 years in implementing the Promise across the partnership.

Appendix B – Review of Inspiring Young Minds

Review of Inspiring Young Minds Kelso High School Study Leave Programme April – June 2022

Inspiring Young Minds targeted students at risk of a negative destination who did not have a full exam timetable during study leave. It aimed to build their life and employment skills and give them a better understanding of future opportunities and pathways. This was a new approach to partnership working and was planned and delivered by the CLD Worker from the Youth Learning Team and the Careers Advisers and Work Coach from Skills Development Scotland. The Developing Young Workforce School Coordinator contributed to initial planning and the welcome session. Overall programme coordination and contact with parents was led by the CLDS Worker who liaised with the pupil support team and SDS on referrals. Programme content and participation levels are set out in detail below.

What worked well?

- Initial good participation from parents and positive responses to our approach; parents felt there was a need for this type of input at this time.
- At welcome session, parents said they valued the opportunity for their views to be heard about their child's future pathways and support available.
- Positive partnership working between SDS and CLDS resulted in a blending of skills, knowledge, and expertise.
- CLDS dedicated a significant amount of time to calling parents and encouraging participation in the programme by them and their child.
- Abbey Row Community Centre was a great venue and gave access to local facilities.
- A diverse programme was offered using SDS local business contacts in the Kelso area and CLDS programmes such as outdoor learning initiatives.
- Two students attended every session and engaged in CLDS learning opportunities with the school community; they have gained a Saltire Award for this.
- Students who did not take part in group activities accessed one to one support from CLDS and SDS; this broke down the barrier of initial contact and SDS now have positive engagement with students needing extra support with their pathways.

Recommendations

- The initial session with parents gained the most interest; future programmes could have more sessions for parents with a member of the school team to respond to questions.
- Extra planning time is needed to determine the case load and referrals earlier and prepare them for the programme; time should be allocated for parent contact.
- Partners now have a better understanding of workload and time commitment required; this needs to be built into partner work plans and Target Operating Model (TOM) planning tool.

- The programme could involve more partners in delivery such as DYW (Developing the Young Workforce), Volunteer Centre Borders and local youth project and community providers.
- SDS and CLDS are keen to offer a similar programme to students on the Work Coach case load; SDS are taking this forward with Christmas Leavers.
- Students gained a Saltire Award; future programmes could offer a wider range of awards such as the Youth Achievement Award programme and the John Muir Award.



Session on running your own business explored motivation and managing self



One student volunteered as a peer leader with a CLDS Bushcraft programme



Preparing for a mock interview with the Community Engagement Officer

Programme content and participation levels

Date	Activity and venue	Lead	Partners involved	Numbers attended
26 April	Welcome session Abbey Row	CLDS	DYW SDS	5 students 7 parents
3 May	CV Building and job searching Abbey Row and local café	SDS	CLDS	3 students
9 May	Bushcraft Floors Castle	CLDS	Tree-dtions (CLDS funded)	2 students 1 parent
10 May	Your town; your skills and strengths Abbey Row and Kelso town	SDS	CLDS	3 students 1 parent
16 May	Bushcraft peer leader Floors Castle	CLDS	Tree-dtions (CLDS funded)	1 student
17 May	From apprentice to local business owner; CV building and job searching Abbey Row	SDS	Local business owner CLDS	4 students 1 parent
24 May	Your pathways; CV building and job searching Abbey Row	SDS	CLDS	2 students
31 May	Archaeology work experience Bedrule	CLDS	SDS Archaeology Scotland	2 students
7 June	Mock interviews Endings and moving on Abbey Row and local café	SDS	CLDS Communities and Partnerships Team, SBC	2 students
Total num	ber of student participants			7 students
Total num	ber of parent participants			9 parents

Appendix C - Glossary

ASN	Additional Support Needs
BAME	Black and Minority Ethnic
BANG	Borders Additional Needs Group
CARH	Children at risk of harm
CLD	Community Learning & Development
CPP	Community Planning Partnership
CYPLG	Children & Young People's Leadership Group
CYPPP	Children & Young People's Planning Partnership
DYW	Developing the Young Workforce
EMA	Educational Maintenance Allowance
FGDM	Family Group Decision Making
GIRFEC	Getting it right for every child
MSYP	Members of Scottish Youth Parliament
NTTP	National Trauma Training Programme
SBYV	Scottish Borders Youth Voice
SDS	Skills Development Scotland
SOSE	South of Scotland Enterprise
ТОМ	Target Operating Model
UNCRC	United Nations Convention on the rights of the child
WFWF	Whole family wellbeing fund
YPG	Young Person's Guarantee