



SCOTTISH BORDERS COUNCIL

Young Carers Strategy

2022-2025



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PURPOSE

This document is for all young carers up to the age of 18 and those aged 18 and still in school or college and brings together the views of young carers and practitioners from education, health, social work and the third sector.

This strategy explains what it means to be a young carer and outlines plans to raise awareness, recognise and support young carers over the next 3 years, showing how we will maintain progress and make improvements in areas where changes need to be made.

Quotes and feedback from young carers in Scottish Borders have been incorporated into this document anonymously.

This strategy sets out the Scottish Borders response to the statutory duties (responsibilities) of the Carers (Scotland) Act 2016¹, a law that says what support must be given to carers, including young carers. Scottish Borders Council and NHS Borders have joint responsibility.

Our approach to supporting young carers is aligned to the Getting it Right for Every Child (GIRFEC)² 2 framework, which promote and protect young people's health and wellbeing. This strategy will form part of the wider Scottish Borders Council's Integrated Children and Young People's Services Plan 2021-23³. This key strategic document shapes the work of all agencies working in Scottish Borders to improve outcomes for children, young people, and families.

As a working document it will be important that young carers are fully involved in the implementation of this strategy. Progress will be monitored and reported, and the strategy will be reviewed regularly during its lifetime.

¹[Carers \(Scotland\) Act 2016: statutory guidance - updated July 2021 - gov.scot \(www.gov.scot\)](https://www.gov.scot/publications/statutory-guidance/2016/12/pages/100.aspx)

²[Getting it right for every child \(GIRFEC\) - gov.scot \(www.gov.scot\)](https://www.gov.scot/publications/getting-it-right-for-every-child/girfec-2018/pages/100.aspx)

³[Integrated Children and Young People's plan 2021-23 | Scottish Borders Council \(scotborders.gov.uk\)](https://www.scotborders.gov.uk/Integrated-Children-and-Young-Peoples-plan-2021-23)

WHO IS A YOUNG CARER?

A carer is defined under the Carers (Scotland) 2016 Act as an individual who provides or intends to provide unpaid care for another individual (the “cared-for person”).

Young carers under the Carers (Scotland) Act 2016 are defined as a carer who is under 18 years old or has reached the age of 18 years and remains a pupil at school. Young adult carers are recognised as carers aged 18 - 25 years old.

A young person may become a young carer as the result of a family member’s illness, physical or learning disability, mental health difficulty, sensory impairment or who (mis)use drugs or alcohol. Some people start giving care at a young age and do not really realise they are carers. Other young people become carers overnight.

Young carers carry out significant caring tasks and assume a level of responsibility for themselves and/or another person which would be taken on by an adult.

Young carers may help someone with:

- Cooking, housework, or shopping
- Help with moving around
- help to dress, shower, or wash
- Giving emotional support
- Giving medication
- Managing the family budget or paying bills
- Communicating or accompanying them to appointments
- Help to care for siblings because a parent is unable due to ill health or as respite for a parent who has a disabled child.

The impact of caring

For some, being a young carer can be a positive experience⁴. Through caring, young people often develop skills and values, as well as a sense of pride and increased self-esteem from their role⁵. The role of a young carer can enable a young person to:

- Gain a sense of responsibility and value
- Acquire life skills
- Develop a greater understanding, compassion, and empathy
- Form close and strong relationships with those who are being cared for

Many young carers are happy to undertake the extra responsibilities of their caring role, and lead happy, healthy, and fulfilling lives, within a supportive family unit. However, the impact of caring can be challenging and affect a young person in several ways, including:

- Feeling stigmatised, bullied, and unsupported in schools due to their caring role and that caring can lead to increased absenteeism or lateness⁶
- Feeling lonely because of not having enough time for friends, sports, and social activities⁷

⁴[Global Perspectives on Children's Unpaid Caregiving in the Family: Research and Policy on 'Young Carers' in the UK, Australia, the USA and Sub-Saharan Africa - Saul Becker, 2007 \(sagepub.com\)](#)
Becker (2007).

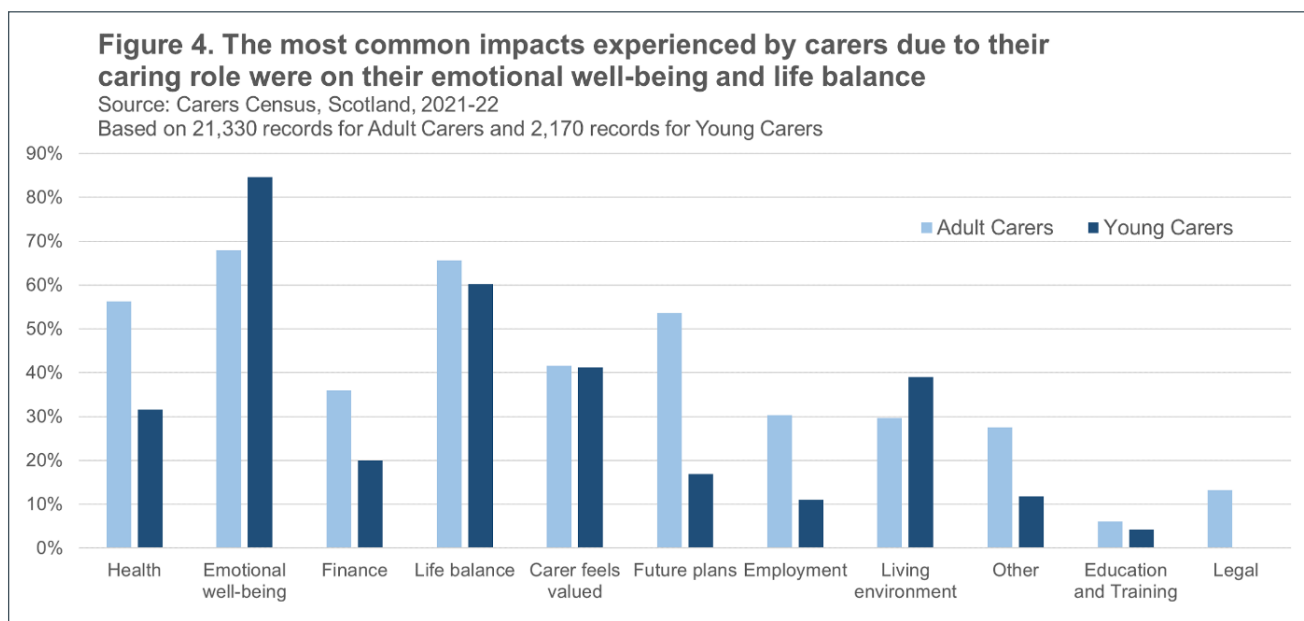
⁵[young-adult-carers-at-school.pdf](#)

⁶<https://professionals.carers.org/protecting-health-and-wellbeing-young-carers>

⁷<https://professionals.carers.org/protecting-health-and-wellbeing-young-carers>

- Being “on call” all the time
- Worry and resentment, or boredom due to having to spend a lot of time at home
- Family break-up, loss, and bereavement
- Impacts on physical and mental wellbeing, and more likely to live in deprived areas⁸

In Scotland, the most reported impact of caring was on carers' emotional well-being, with this being reported for 85% of young carers. This was followed by impacts on carers' life balance, with this being reported for 60% of young carers⁹ figure 4)



Young carers often find it challenging to recognise that they have additional responsibilities. Many have grown up with caring being part of their family dynamic and these extra tasks can feel normal to them¹⁰. Sometimes families or young people will have concerns about potential negative repercussions of social work involvement¹¹, leading to young carers avoiding seeking help or support.

Research shows that young carers feel that their experiences and knowledge about the cared-for person are often overlooked by professionals, leaving them feeling excluded and undermined¹². There can be stigma associated with a younger person undertaking a caring role. Coupled with a lack of awareness or support for their caring role, this can leave young people feeling lonely and isolated.

The impact of all these factors means that many young people who are providing care do not self-identify as a carer.

In keeping with Scottish Borders Council's vision, we wish to ensure that all children and young people are enabled to achieve their potential and enjoy a quality of life equal to their peers.

⁸ <https://www.scotlandscensus.gov.uk/about/2011-census/>

⁹ [Carers Census, Scotland, 2021-22 - gov.scot \(www.gov.scot\)](http://www.gov.scot)

¹⁰ Morrow (2005); Moore and McArthur (2007); Cass et al. (2009).

¹¹ Moore and McArthur (2007).

¹² McAndrew, Warne, Fallon and Moran (2012).

WHO WE ARE

Young Carers Working Group

The young carers working group (YCWG) is a team of multi-agency partners who oversee actions and matters related to young carers in Scottish Borders. The group members include representatives from Scottish Borders Council; education, community learning and development, and children and families social work, NHS Borders, Scottish Borders Health and Social Care Partnership carers workstream and Action for Children CHIMES service.

Responsibilities

The key duties of the YCWG are to:

- Work in partnership across all agencies to ensure the improved outcomes for young carers
- Ensure young carers are offered a Young Carers Statement within the agreed timescales
- Ensure young carers are recorded accurately on information management systems
- Raise awareness of the support needs of young carers and available support services
- Monitor and track the school attainment, leaver destinations, and attendance of young carers
- Coordinate regular training and professional learning for practitioners working with young carers
- Ensure the voice of young carers is central to the planning and development of services

Scottish Borders Health and Social Care Partnership: Carers Workstream

Scottish Borders Health and Social Care Strategic Framework 2023-26¹³ recognises the fact that unpaid carers need to be better supported in the Scottish Borders. The Carers Workstream represents the voice of carers by taking a leading role in better supporting unpaid carers. Under the legislation, the Integration Joint Board (IJB) has oversight of carer supports for people of all ages and stages. As a result, the carers workstream will also have oversight and inclusive representation.

Action for Children CHIMES Service

Action for Children CHIMES service is the commissioned service to provide support for young carers who live in Scottish Borders. They support children and young people who are providing care and support to parents, siblings or another family member who has a physical or mental health illness, disability, or substance use issue.

Referrals to the CHIMES service can be made by a professional, usually a teacher in school, by completion of the Young Carers Screening Assessment (currently being piloted for full release in May 2024). If the assessment shows that the level of care provided by the young person is at a critical or substantial level, this can be referred the CHIMES service who will complete a full Young Carers Statement and begin supporting the young person. Support can include:

- 1 to 1 support to explore feelings, worries and emotions and help develop coping skills
- Support with family and peer relationships
- Peer group sessions and activities
- Safety and emergency planning
- First aid training
- Access to a health authorization card

¹³ [Scottish Borders HSCP Framework 2023-26](#)

Referrals can be made direct to CHIMES in certain circumstances where a young carer is:

- caring for someone with a life limiting condition
- is living on their own with the cared for
- responsible for younger siblings due to being in a single parent household where the parent is cared for or
- experiencing other exceptional circumstances



POLICY CONTEXT

The Carers (Scotland) Act 2016, which came into effect on 1 April 2018, is a law that says what support must be given to carers, and who must give that support. Published summaries of young carers' rights under the Carers Act are available:

- The Carers' Charter¹⁴
- Young Scot Guide to the Carers Act¹⁵
- Carers Act Jargon Buster for Young Carers¹⁶

The aim of the Act is to ensure young carers get the help they need to enable them to continue to care – if they wish to and it is appropriate for them to do so – and to have a life away from their caring role. In December 2022, The Scottish Government published the National Carers Strategy¹⁷ which outlines two main strategic outcomes for Young Carers:

- Young carers are supported and protected from inappropriate caring and negative impacts on their education, social lives, and future opportunities.
- Young adult carers are supported when moving from education to training and work while balancing an ongoing caring role.

Duties, Responsibilities and Rights

The main duties for local authorities as regards to young carers are:

- to prepare and review Young Carer Statements
- establishment of local eligibility criteria for services for young carers¹⁸
- to provide support¹⁹
- to involve young carers in the planning of services
- to establish and maintain an information service for carers and to produce a short break services statement²⁰ and
- to develop local carers' strategies.

Other national policy drivers and guidance impacting on carers, and in particular young carers include:

- Respect for All: The National Approach to Anti-bullying for Scotland's Children and Young People²¹
- Social Care (Self – directed Support) (Scotland) Act 2013²²
- Children and Young People's (Scotland) Act 2014²³

¹⁴[Carers' charter - gov.scot \(www.gov.scot\)](http://www.gov.scot)

¹⁵[Everything You Need to Know About The Carers \(Scotland\) Act 2016 – Young Scot](#)

¹⁶[carersscotlandact2016jargonbusterforyoungcarers.pdf](#)

¹⁷[National carers strategy - gov.scot \(www.gov.scot\)](http://www.gov.scot)

¹⁸[Eligibility Framework for Young Carers | Scottish Borders Council \(scotborders.gov.uk\)](http://scotborders.gov.uk)

¹⁹[Chimes leaflet 2022 | Scottish Borders Council \(scotborders.gov.uk\)](http://scotborders.gov.uk)

²⁰[Scottish Borders Short Breaks Statement | Scottish Borders Council \(scotborders.gov.uk\)](http://scotborders.gov.uk)

²¹[Respect for All: national approach to anti-bullying - gov.scot \(www.gov.scot\)](http://www.gov.scot)

²²[A Guide to the Social Care \(Self-directed Support\) \(Scotland\) Act 2013 - gov.scot \(www.gov.scot\)](http://www.gov.scot)

²³[Children and Young People \(Scotland\) Act 2014 \(legislation.gov.uk\)](http://legislation.gov.uk)

- Public Bodies (Joint Working) (Scotland) Act 2014²⁴
- United Nations Convention on the Rights of the Child (UNCRC)²⁵
- Curriculum for Excellence ²⁶
- Carers' Charter (2018)²⁷

Support in Schools

Education authorities have specific duties and responsibilities as outlined in the National Carers Strategy and a law called the Additional Support for Learning Act²⁸. This is supported by guidance²⁹ which all education authorities must follow. Children and young people who are identified as young carers are mentioned specifically as those who may require additional support in schools and settings. The duties of education authorities include:

- to identify, provide for, and review the additional support needs of all their pupils, and in particular young carers
- to ensure that there are staff and resources in place to support them in their learning
- to support the wellbeing of every child by using the Getting it Right for Every Child ³⁰ framework and take into consideration any wider influences on a child or young person, such as the impact of caring
- to record all instances of bullying and specify if being a young carer is a perceived reason for bullying
- to prepare pupils with additional support needs for their post-school transition. This should happen no later than 2 years before they leave school.

The Scottish Government have committed to raising awareness of young carers in schools by funding a full time Education Officer post with Carers Trust Scotland and working closely with NHS Education for Scotland.

If a young carer or anyone with additional support needs feels like they are not getting a say about their education or support and would like help understanding their rights, they can access:

- [My Rights My Say](#) ³¹ – a children's service supporting children aged 12-15 to use their rights. They provide advice and information, advocacy support, legal representation, and a service to independently seek children's views about the support they receive with their learning.
- [REACH](#)³² – a website dedicated to children and young people aiming to help them feel supported, included, listened to, and involved in decisions at school. It has information and advice for pupils about their rights to additional support for learning; practical tips for all sorts of school problems; young people's real-life stories; and positive examples of pupil participation.

²⁴[Microsoft Word - Queen's Print Cover.doc \(legislation.gov.uk\)](#)

²⁵[UN Convention on the Rights of the Child - UNICEF UK](#)

²⁶[What is Curriculum for Excellence? | Curriculum for Excellence| Education Scotland](#)

²⁷[Carers' charter - gov.scot \(www.gov.scot\)](#)

²⁸[Education \(Additional Support for Learning\) \(Scotland\) Act 2004 \(legislation.gov.uk\)](#)

²⁹[Supporting Children's Learning: Statutory Guidance on the Education \(Additional Support for Learning\) Scotland Act 2004 \(as amended\): Code of Practice \(Third Edition\) 2017 \(www.gov.scot\)](#)

³⁰[Getting it right for every child \(GIRFEC\) - gov.scot \(www.gov.scot\)](#)

³¹[My Rights, My Say \(myrightsmysay.scot\)](#)

³²[Reach - understand children's rights to education and support in Scotland](#)

Parents and carers have the right to be involved in conversations about how their children can get extra help with learning. Parents should talk to their school first if they think their child might need extra help at school or if they have questions about the help that is already in place. There are several ways for parents and carers to get help, advice, and information. These are:

- [Enquire](#)³³ – the national advice and information service on additional support for learning for families, teachers, education authorities and others caring for or working with children and young people with additional support needs.
- [Let's Talk ASN](#)³⁴ – national advocacy and legal representation service supporting parents, carers, and young people (16+) with a right of reference to the Additional Support Needs Tribunal in exercising their rights.

SOCIAL AND FINANCIAL INCLUSION

Scottish Young Carers Festival

The Scottish Young Carers Festival³⁵ is an annual event that has taken place since 2008. It is funded by the Scottish Government and delivered on our behalf by Carers Trust Scotland and the Scottish Young Carers Services Alliance³⁶

Young carers from all over Scotland can take a break from caring and have fun with their peers at the festival. It gives them a chance to have their voices heard by talking to local and national decision makers about what matters to them and giving feedback for national consultations. In the past few years, this has helped bring some important issues about young caregivers to the forefront and has influenced how national and local policies are made.

Young Carer Grant

The Young Carer Grant³⁷ is available to young carers who provide care to someone normally paid a qualifying disability benefit, care for 16 hours a week and not in receipt of Carer's Allowance. The young carers do not need to be in education and can combine the number of hours spent providing care for up to three people to meet the 16 hours eligibility criteria.

It is intended that the grant helps young carers to:

- look after their own health and wellbeing, improve their quality of life and reduce any negative impact of caring;
- participate fully in society and, if they choose, engage in training, education, and employment opportunities, as well as social and leisure; and
- have an increased sense of control and empowerment over their lives.

If a young carer is eligible, they can apply for the Young Carer Grant here:

[Young Carer Grant \(socialsecurity.gov.scot\)](#)

³³ [Enquire's website](#)

³⁴ [Let's Talk ASN](#)

³⁵ [Scottish Young Carers Festival | Carers Trust Scotland](#)

³⁶ [Young Carers Services Alliance | Carers Trust Scotland](#)

³⁷ [Young Carer Grant - mygov.scot](#)

Young Scot Card extra discounts and opportunities

The Scottish Government funds the Young Scot package of discounts and opportunities for young carers with a Young Scot card across Scotland to access and enjoy.

Co-created with a young carer “vision panel”, the package has been fully informed by young carers. A simple application is required through the [Young Scot website](#)³⁸ which also contains further information about what's on offer.

Young Scot offers a special transitions package for young carers aged 18 can get some extra support with a flexible £100 voucher which can be used for a variety of items.

Education Maintenance Allowance (EMA)

EMA is available in Scotland to eligible people aged 16 to 19 who have reached school leaving age. Local authorities and colleges are encouraged to promote the uptake of EMA to young carers. The guidance also highlights that a degree of flexibility around attendance patterns should be afforded to young carers when administering EMA. To enable this to happen, young carers should highlight their caring responsibility on the EMA application form. A conversation to agree on a suitable flexible attendance pattern should take place with the school or college, and then written into the student's learning agreement.

You can find out more about EMA and how to apply in Scottish Borders here:

- For school pupils - [Education Maintenance Allowance | Scottish Borders Council](#)
- For college students - [Financing Your Studies | Borders College](#)

Cost of Living Crisis Support

This is a challenging time for many residents in Scottish Borders and that the cost-of-living crisis is having a significant impact on many households. There is a range of support available if people are struggling. There is a dedicated page on SBC's website³⁹ that gives information on financial assistance and support services depending on circumstances. Please visit this link for more information:

[Financial support and advice | Cost of Living Crisis support | Scottish Borders Council](#)

STATISTICAL CONTEXT

According to recent data from the Carers Trust, Carers Trust Scotland⁴⁰ and Scotland's Carers Update Release :

- There are approximately 800,000 unpaid carers in Scotland; 17.5% of the adult population. Recent polling, following COVID-19, indicates that this number may have grown to over 1 million.
- There are at least 30,000 young carers in Scotland
- Every year over 160,000 take on a caring role
- 171,000 people care for 35 hour a week or more
- 132,000 people care for 50 hours a week or more
- 59% of carers are female, 41% are male

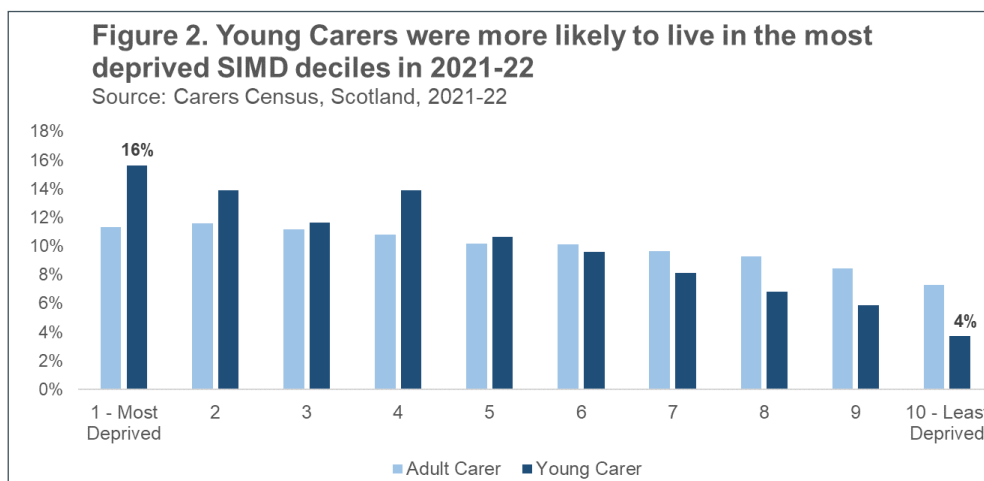
³⁸[Young Carers Package – Young Scot](#)

³⁹[Financial support and advice | Cost of Living Crisis support | Scottish Borders Council \(scotborders.gov.uk\)](#)

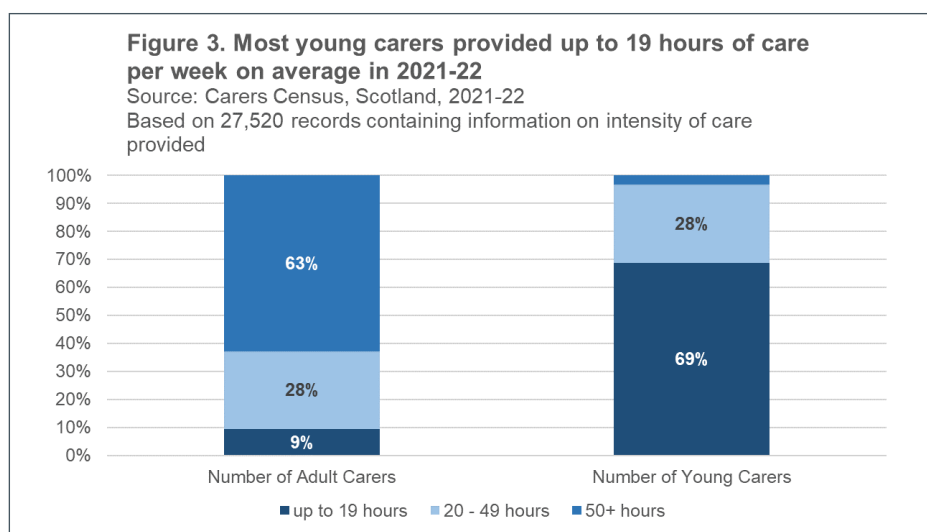
⁴⁰[Supporting Carers in Scotland | Carers Trust Scotland](#)

⁴¹[Scotland's Carers Update Release: December 2022 - gov.scot \(www.gov.scot\)](#)

- The value of unpaid care provided by carers in Scotland is £12.8 billion per year



- There was a notable deprivation effect for young carers supported by local services (figure 2). In 2021-22, 16% of young carers lived in areas within the most deprived Scottish Index of Multiple Deprivation (SIMD) decile, while 4% lived in areas within the least deprived SIMD decile.
- Figure 3 shows that the intensity of care provided by adult carers and young carers. In 2021-22, 69% of young carers spent less than 19 hours a week providing care compared, 28% spent between 20 – 29 hours providing care and 3% spent over 50 hours providing care.
- In the 2011 Scottish Census⁴², there were 187 young carers aged 16 and under in Scottish Borders, which is 1.8% of all carers.



The impact of Coronavirus on young carers and young adult carers in Scotland

In June 2020, Carers Trust Scotland surveyed 214 carers aged between 12 and 25 to understand their experiences of living and caring during the coronavirus pandemic. While some found positives, such as learning a new skill or building a closer relationship with the person they care for, many more describe feeling stressed, unable to cope and overwhelmed by the pressures they now face.

The 2020 Vision: Hear Me, See Me, Support Me and Don't Forget Me impact report⁴³ highlighted that young carers are having to cope with worsening mental health, a lack of time off and their education suffering because of the coronavirus pandemic.

⁴²<https://www.scotlandscensus.gov.uk/>

⁴³<https://carers.org/downloads/scotland-pdfs/2020-vision.pdf>

Even before the outbreak of coronavirus, young carers and young adult carers were all too often spending significant amounts of time caring for a relative in addition to the time they needed to spend on education, work, and social time. Coronavirus has significantly increased those pressures.

The young and young adult carers that shared their thoughts and experiences with Carers Trust Scotland, have said that future support needs to include:

- Support for their emotional wellbeing and mental health
- Help to stay connected to friends and their communities
- Breaks from their caring role and the support of specialist young and young adult carers services
- More help to balance caring, education and employment
- Support to stay fit and healthy.

WHAT YOUNG CARERS TOLD US

In 2022, the CHIMES service held focus groups with 15 young people to gather their views and hear the impact of their caring duties. The feedback was collated into the five identified themes below.

<p>1. Difficulties facing young carers </p> <ul style="list-style-type: none"> • Young people expressed challenges such as school, home environment, family communication, family illness, worrying and not being able to socialise • <i>"being at school is a challenge and knowing that my grandad and dad are getting worse at home"</i> • <i>"I try not to argue with my mum"</i> 	<p>2. Support </p> <ul style="list-style-type: none"> • Young people said having access to a support worker brought them happiness and some said they felt listened to, and it helped them to relax. • <i>"I like getting the chance to get out of the house and my support worker makes me happy."</i> • <i>"I feel well looked after when out, as well as listened to during meetings."</i> 	<p>3. Raising Awareness </p> <ul style="list-style-type: none"> • When asked about what could be done to educate their community about young carers, common themes such as school assemblies, posters, social media and t-shirt designs were suggested as ways of raising awareness • <i>"Ask schools to do an assembly about young carers, the tasks and support available."</i>
<p>4. Future Aspirations </p> <ul style="list-style-type: none"> • Young people in the focus groups had high aspirations for their future beyond their caring role. • Young people said they would like to be a lawyer, entrepreneur, architect, mechanic and work with children and young people. 	<p>5. Benefits of Caring </p> <ul style="list-style-type: none"> • Most young people mentioned that they felt happy, useful, helpful and important because of their role • <i>"it makes me feel like I matter and I am making a difference..."</i> • <i>"it has helped me grow as a person and being able to deal with more problems."</i> 	

MONITORING AND EVALUATING THE STRATEGY

- Once the strategy is approved by the Children and Young Peoples Planning Partnership (CYPPP) the Young Carers Working Group will manage the delivery of the action plan.
- A Performance Framework and tracker will be agreed and used to collect baseline data which will support the implementation of the strategy and demonstrate the progress that is being made.
- Progress reports will be made to the Children and Young People's Planning Partnership (CYPPP) at an agreed timescale
- The strategy will be made available in accessible formats
- The strategy will be reviewed at its mid-point, and we will consult with young carers and stakeholders to reflect their views.

HOW WILL WE KNOW WE HAVE MADE A DIFFERENCE

We will measure performance, both qualitatively and quantitatively through an agreed performance framework to be introduced by February 2024. This will be included in regular reporting to the Children and Young People's Partnership (CYPPP) and made available to stakeholders. Evidence will be sought in the following areas:

- Increased uptake of preventative support by young carers
- Increase in the number of young carers who are offered a Young Carer Statement
- Increase in the number of completed Young Carer Statements
- Upward trend in the uptake of Self-Direct Support Options 1 and 2 for young carers
- Higher levels of engagement and involvement of young carers in service design
- Improved partnership processes to support the health and wellbeing of young carers and
- Improved awareness of young carers.

ACKNOWLEDGEMENTS

The young carers working group would like to thank everyone who has given their time and knowledge to create this strategy, particularly young people, and their families. We would like to thank the Action for Children CHIMES service who commissioned student Cesina Robinson to carry out a questionnaire of young carers' views to inform the strategy.

USEFUL LINKS

[Action for Children CHIMES Service leaflet](#)

[Borders Carers Centre](#)

[Carers Trust Scotland](#)

[Everything You Need to Know About The Carers \(Scotland\) Act 2016 – Young Scot](#)

[Getting it right for every child \(GIRFEC\) – gov.scot](#)

[My Rights My Say](#)

[REACH.scot](#)

[Young carers - Scottish Borders Council](#)

[Scottish Borders Health and Social Care Framework 2023-26](#)

[Scottish Borders Council Integrated Children and Young People's plan 2021-23](#)

[Young Carer Grant - mygov.scot](#)

[Young Carers Mental Health Toolkit \(carers.org\)](#)

[Young Carers Package – Young Scot](#)

APPENDICES

Appendix A – Young Carers Strategy Action Plan

Number	Action	Responsible	Target Date(s)
1	Complete draft action plan	YCWG	14-Sep-23
2	Complete YC Strategy 2022-25 Draft	Equity & Inclusion Lead Officer	14-Sep-23
3	Launch revised Young Carers Mental Health Toolkit with practitioners	Equity & Inclusion Lead Officer	14-Sep-23
4	Deliver YC update session to CP/CE Coordinators Network	CHIMES/ Equity & Inclusion Lead Officer	14-Sep-23
5	Review branded recent referrals paper	YCWG	15-Sep-23
6	Finalise updated YC Statement and screening assessment pilot, including evaluation form and guidance/flow chart	CHIMES	Oct-23
7	Awareness raising activities to be agreed such as Young Carers Action Day, Carers Rights Day and Carers Week	Equity & Inclusion Lead Officer /CHIMES/Carers Lead/Schools	Oct 23
8	Progress funding proposals	Equity & Inclusion Lead Officer / Carers Lead	25-Oct-23
9	Review the Short Break Statement on an annual basis and revise the document where necessary, ensuring that young carers, relevant staff, and partners are notified of any changes	YCWG	25-Oct-23
10	Identify and implement procedures for ensuring young carers aged 16 and 17 and not in education receive their statutory entitlement of a young carers statement annual review	Equity & Inclusion Lead Officer, Schools, CHIMES	Dec-23
11	Deliver new YC statement training to education practitioners	CHIMES	Dec-23
12	Gather feedback from young carers about	CHIMES	Feb-24

Number	Action	Responsible	Target Date(s)
13	Review Local Eligibility Criteria, revise the document where necessary, ensuring that young carers, relevant staff, and partners are consulted with on any changes.	YCWG	Feb-24
14	Agree a performance framework and indicators for young carers, develop tracker and monitor frequently	YCWG/Equity and Inclusion Lead Officer	Feb-24
15	Identify and create opportunities for young carers participation, ensuring their rights are upheld.	YCWG/Schools	Apr-24
16	Evaluate YC Statement Pilot and implement changes	CHIMES	May-24
17	Arrange and deliver Carers Trust Young Carer Awareness Training for education staff	Equity & Inclusion Lead Officer	Jun-24
18	Identify opportunities for other services to support young carers and the work of the YCWG e.g youth work, transport, community planning.	YCWG/Carers Workstream	Jun-24
19	Identify training needs and establish a training programme for young carers, including manual handling, fire safety, housing issues and finance/benefit advice.	YCWG/CHIMES/Community Planning/Carers Workstream	Aug-24
20	Young carer to be nominated for Wellbeing group	CHIMES	Oct-24
21	Develop and engage in a validated self-evaluation process to ensure the needs of young carers are being met	Equity & Inclusion Lead Officer/YCWG	Dec-24
22	Work with the Carers Workstream to work towards a Carer Positive Award	YCWG	Ongoing across duration of strategy
23	Link to the work of the Scottish Borders Champions Board for Care Experienced Children and Young People where areas of focus are the same or similar	Equity & Inclusion Lead Officer/Promise Project Lead	Ongoing across duration of strategy

Number	Action	Responsible	Target Date(s)
24	Ensure young carers are identified at the earliest opportunity	Schools	Ongoing across duration of strategy
25	Ensure young carers who do not meet threshold for CHIMES service are supported within universal services	Schools	Ongoing across duration of strategy
26	Young carers are recorded accurately on education information management system, following agreed protocols in the flowchart	Schools	Ongoing across duration of strategy
27	Seek out good practice and liaise with colleagues at regional and national levels, including Carers Trust and Education Scotland	Equity & Inclusion Lead Officer	Ongoing across duration of strategy

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EDUCATION AND CHILDREN'S SERVICES

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