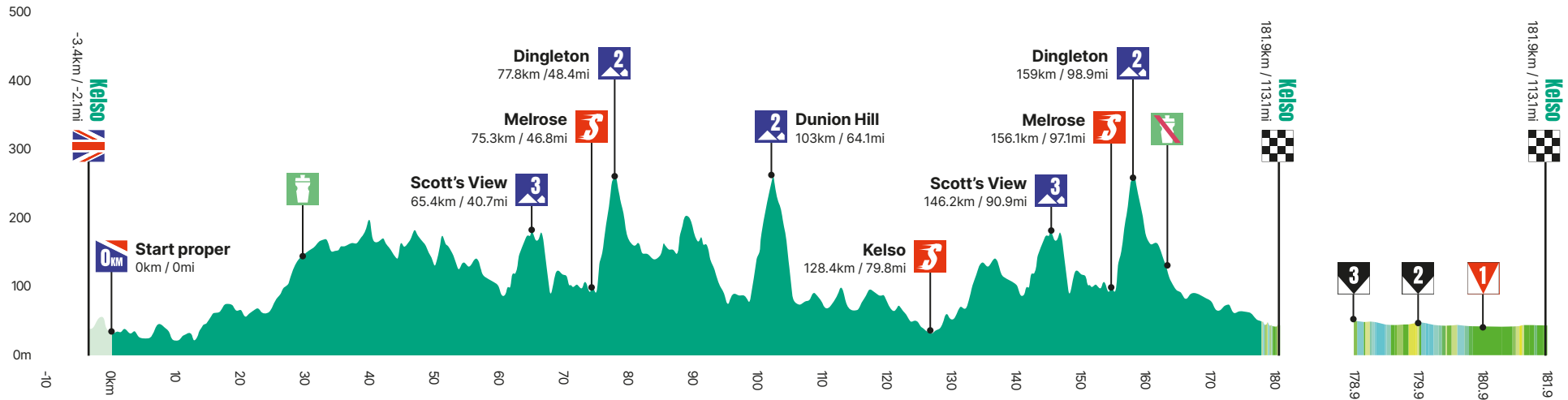


STAGE 1 RACE PROFILE

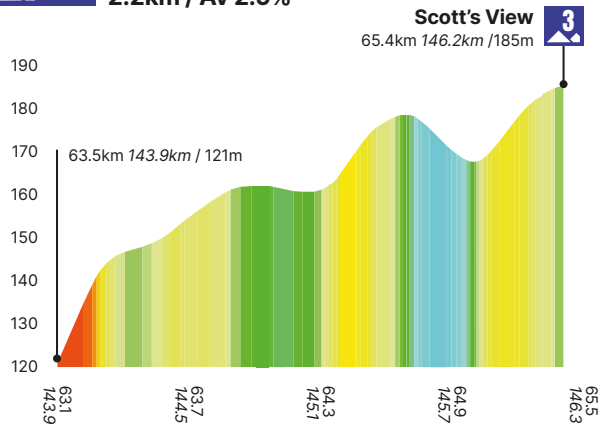
In association with: **veloviewer** **STRAVA** POWERED BY

STAGE PROFILE 181.9km / Ascent 1,855m

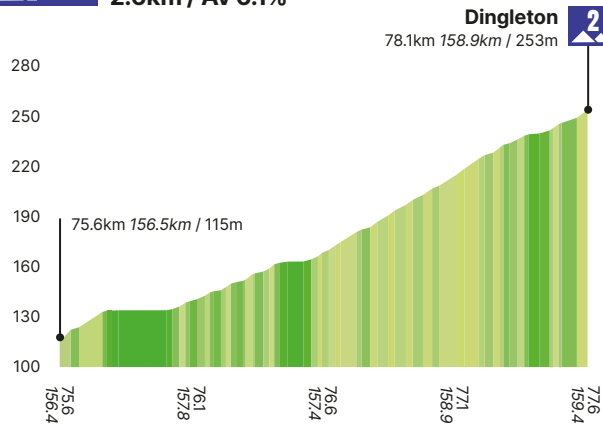
FINAL 3km PROFILE 178.9km – 181.9km



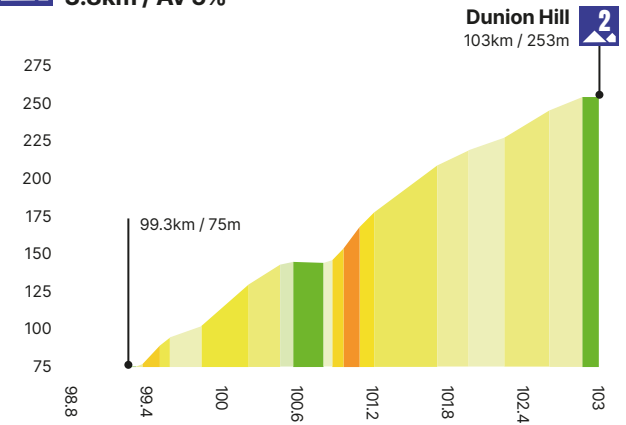
3 x 2 SCOTT'S VIEW 2.2km / Av 2.9%



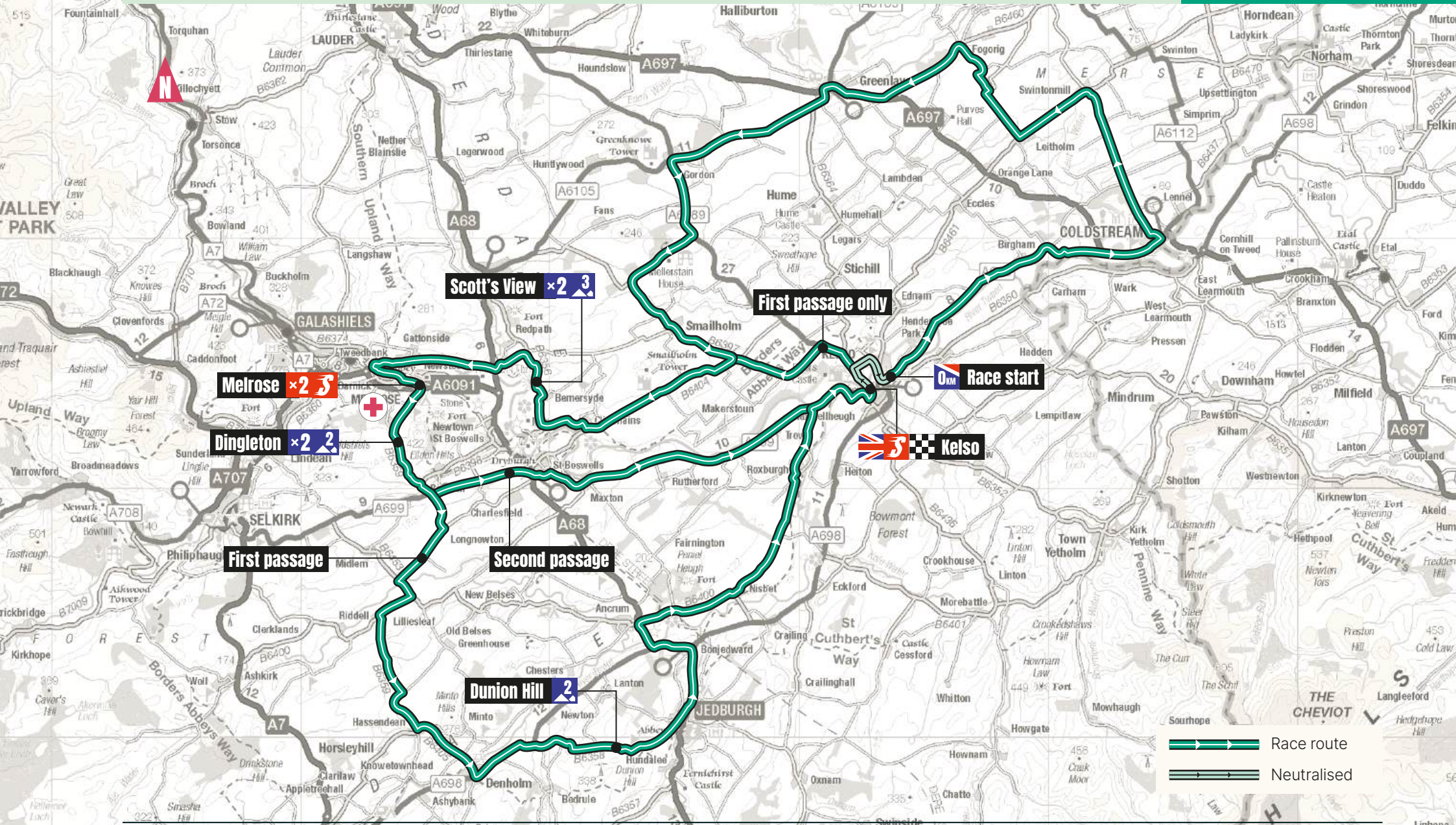
2 x 2 DINGLETON 2.6km / Av 6.1%



2 DUNION HILL 3.8km / Av 5%



RACE ROUTE STAGE 1



- Race route
- Neutralised

STAGE 1 RACE SCHEDULE

NEUTRALISED SECTION

Roxburgh Street, Edinburgh Road, Angraflat Road, Golf Course Road, Dryinghouse Lane, Shedden Park Road.

Approximate distance of neutralised section **3.4km / 2.1 miles**
Distance of Stage **181.9km / 113.1miles** Neutralised start **10:30**

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
			Start Neutralised		The Square – Kelso	10:30	10:30	10:30
0.00	181.9	0.00	Start Proper		A698 Coldstream Road	10:45	10:45	10:45
6.9	175.0	4.3	Sign		Birgham	10:55	10:54	10:53
8.4	173.5	5.2		Keep Right	A698	10:58	10:57	10:55
10.8	171.1	6.7	T.Junction	Right	A698	11:01	11:00	10:58
12.1	169.8	7.5	Sign		Coldstream	11:04	11:02	11:00
13.4	168.5	8.3	Junction	Left	Guards Road	11:06	11:04	11:02
13.8	168.1	8.6		Keep Left	Guards Road	11:06	11:04	11:02
13.9	168.0	8.6		Keep Right	Duns Road	11:06	11:04	11:02
20.3	161.6	12.6	X.Roads	Left	B6461	11:16	11:14	11:11
22.9	159.0	14.2	Sign		Leitholm	11:20	11:17	11:14
23.6	158.3	14.7	Junction	Right		11:22	11:18	11:15
26.0	155.9	16.2	Junction	Left		11:25	11:22	11:18
26.8	155.1	16.7		Caution!	⚠ Sharp Bend Right!	11:27	11:23	11:19
27.1	154.8	16.9		Keep Left		11:27	11:23	11:19
28.6	153.3	17.8	X.Roads	Left	B6460	11:29	11:25	11:21
29.2	152.7	18.2		Caution!	⚠ Sharp Bend Right!	11:30	11:26	11:22
30.0	151.9	18.7	Drinks Start			11:32	11:27	11:23
31.8	150.1	19.8	X.Roads	Straight		11:34	11:30	11:25
32.4	149.5	20.1	X.Roads	Right	A697	11:35	11:31	11:26
34.2	147.7	21.3	Sign		Greenlaw	11:38	11:33	11:28
35.0	146.9	21.8	Junction	Left	A6105 Wester Row	11:40	11:35	11:30
39.6	142.3	24.6	Sign		East Gordon	11:47	11:41	11:35
42.0	139.9	26.1	Sign		Gordon	11:51	11:45	11:39
42.2	139.7	26.2	X.Roads	Left	A6089 Kelso Road	11:51	11:45	11:39
45.5	136.4	28.3	Junction	Right		11:56	11:50	11:43
48.2	133.7	30.0	X.Roads	Left	B6397	12:00	11:53	11:46
51.4	130.5	32.0	Sign		Smailholm	12:05	11:58	11:51
51.5	130.4	32.0		Keep Left	B6397	12:05	11:58	11:51
51.5	130.4	32.0		Keep Right	B6397	12:05	11:58	11:51
54.4	127.5	33.8	X.Roads	Right	B6404	12:10	12:02	11:54
57.7	124.2	35.9		Keep Right	B6404	12:15	12:07	11:59
61.2	120.7	38.1	Junction	Right	B6356	12:21	12:12	12:03

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
61.4	120.5	38.2	Sign		Clintmains	12:21	12:12	12:03
61.5	120.4	38.2		Keep Left	B6356	12:21	12:12	12:04
63.1	118.8	39.2	Junction	Right	B6356	12:24	12:15	12:06
63.1	118.8	39.2	KoM 1	Start	Cat 3	12:24	12:15	12:06
64.3	117.6	40.0	Sign		Bemersyde	12:26	12:16	12:07
64.6	117.3	40.2		Keep Left		12:26	12:17	12:08
65.4	116.5	40.7	KoM 1	Finish	Cat 3 – Scott's View	12:27	12:18	12:09
65.4	116.5	40.7			Green Zone for 200m	12:27	12:18	12:09
65.5	116.4	40.7		Caution!	⚠ Fast Descent!	12:27	12:18	12:09
66.2	115.7	41.2		Keep Right	B6356	12:29	12:19	12:10
66.7	115.2	41.5	T.Junction	Left	B6360	12:29	12:20	12:10
67.2	114.7	41.8		Caution!	⚠ Fast Descent!	12:30	12:21	12:11
67.5	114.4	42.0		Keep Right	B6360	12:31	12:21	12:11
68.1	113.8	42.3		Caution!	⚠ Narrow Bridge	12:32	12:22	12:12
71.4	110.5	44.4	Sign		Gattonside	12:37	12:27	12:16
71.7	110.2	44.6		Caution!	⚠ Buildout Offside	12:37	12:27	12:17
73.2	108.7	45.5	T.Junction	Left		12:40	12:29	12:19
73.2	108.7	45.5	T.Junction	Left	B6374	12:40	12:29	12:19
73.6	108.3	45.8		Caution!	⚠ Narrow Bridge	12:40	12:30	12:19
73.9	108.0	46.0	Sign		Melrose	12:41	12:30	12:20
74.9	107.0	46.6		Caution!	⚠ Buildout Nearside	12:42	12:32	12:21
75.3	106.6	46.8	Sprint 1		Melrose	12:43	12:32	12:21
75.4	106.5	46.9	Junction	Right	⚠ B6374 High St – Against No Entry!	12:43	12:32	12:21
75.6	106.3	47.0	X.Roads	Right	B6359 Dingleton Road	12:43	12:33	12:22
75.6	106.3	47.0	KoM 2	Start	Cat 2	12:43	12:33	12:22
77.8	104.1	48.4	KoM 2	Finish	Cat 2 – Dingleton	12:47	12:36	12:25
77.8	104.1	48.4			Green Zone for 200m	12:47	12:36	12:25
77.9	104.0	48.4		Caution!	⚠ Fast Descent!	12:47	12:36	12:25
80.3	101.6	49.9		Caution!	⚠ Sharp Bend Right!	12:51	12:39	12:28
80.9	101.0	50.3	X.Roads	Straight	B6359 Dingleton Road	12:52	12:40	12:29
81.5	100.4	50.7		Caution!	⚠ Narrow Bridge	12:53	12:41	12:29
82.6	99.3	51.4		Caution!	⚠ Sharp Bend Right!	12:54	12:43	12:31
85.4	96.5	53.1		Caution!	⚠ Narrow Bridge	12:59	12:47	12:34
86.3	95.6	53.7		Caution!	⚠ Sharp Bend Right!	13:00	12:48	12:35
87.0	94.9	54.1	Sign		Lilliesleaf	13:01	12:49	12:36
87.6	94.3	54.5		Caution!	⚠ Buildout Offside	13:02	12:50	12:37
87.8	94.1	54.6		Keep Left	B6359	13:02	12:50	12:37
90.8	91.1	56.5		Caution!	⚠ Narrow Bridge	13:07	12:54	12:41
91.2	90.7	56.7		Keep Right	B6359	13:08	12:55	12:42
92.1	89.8	57.3		Caution!	⚠ Narrow Bridge	13:09	12:56	12:43

RACE SCHEDULE STAGE 1

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
93.2	88.7	58.0	Junction	Left	B6405	13:11	12:58	12:44
93.7	88.2	58.3		Keep Right	B6405	13:12	12:58	12:45
96.0	85.9	59.7		Keep Right	B6405	13:15	13:02	12:48
96.2	85.7	59.8	Sign		Denholm	13:16	13:02	12:48
96.3	85.6	59.9		Keep Right	B6405 Leyden Road	13:16	13:02	12:48
96.5	85.4	60.0		Keep Left	B6405 Kirkside	13:16	13:02	12:49
96.5	85.4	60.0	T.Junction	Left	A698 Eastgate	13:16	13:02	12:49
99.3	82.6	61.7	Junction	Right	B6358	13:21	13:06	12:52
99.6	82.3	61.9		Keep Left	B6358	13:21	13:07	12:53
99.3	82.6	61.7	KoM 3	Start	Cat 2	13:21	13:06	12:52
103.0	78.9	64.1	KoM 3	Finish	Cat 2 – Dunion Hill	13:26	13:12	12:57
103.0	78.9	64.1			Green Zone for 200m	13:26	13:12	12:57
103.1	78.8	64.1		Caution!	Fast & Technical Descent	13:27	13:12	12:57
104.4	77.5	64.9		Caution!	Sharp Bend Left!	13:29	13:14	12:59
104.9	77.0	65.2		Caution!	Fast Descent!	13:29	13:14	12:59
105.2	76.7	65.4	Sign		Jedburgh	13:30	13:15	13:00
106.2	75.7	66.0		Keep Right	High Street	13:31	13:16	13:01
106.3	75.6	66.1	T.Junction	Left	A68 Bondgate	13:32	13:16	13:01
109.0	72.9	67.8		Keep Left	A68	13:36	13:20	13:05
111.9	70.0	69.6	Junction	Right	B6400	13:40	13:24	13:08
115.9	66.0	72.1	Sign		Nisbet	13:47	13:30	13:14
116.0	65.9	72.1	Junction	Left		13:47	13:30	13:14
121.9	60.0	75.8		Keep Left		13:56	13:39	13:21
124.5	57.4	77.4		Caution!	Sharp Bend Left!	14:00	13:42	13:25
124.7	57.2	77.5	T.Junction	Right	A699	14:00	13:43	13:25
126.9	55.0	78.9		Caution!	Narrow Bridge	14:04	13:46	13:28
126.9	55.0	78.9		Keep Left	A699	14:04	13:46	13:28
127.4	54.5	79.2	Sign		Kelso	14:05	13:47	13:28
127.9	54.0	79.5	T.Junction	Left	A699 Kelso Bridge	14:05	13:47	13:29
128.4	53.5	79.8	Sprint 2		First passage of Finish line	14:06	13:48	13:30
129.1	52.8	80.3	T.Junction	Left	Edinburgh Road	14:07	13:49	13:30
129.5	52.4	80.5	R/about	1st Exit	A6089	14:08	13:50	13:31
130.1	51.8	80.9		Keep Left	A6089	14:09	13:50	13:32
131.1	50.8	81.5	Junction	Left	B6397	14:11	13:52	13:33
135.2	46.7	84.1	X.Roads	Left	B6404	14:17	13:58	13:38
138.5	43.4	86.1		Keep Right	B6404	14:22	14:02	13:43
142.2	39.7	88.4	Sign		Clintmains	14:28	14:08	13:47
142.3	39.6	88.5		Keep Left	B6356	14:28	14:08	13:47
143.9	38.0	89.5	Junction	Right	B6356	14:31	14:10	13:50
143.9	38.0	89.5	KoM 4	Start	Cat 3	14:31	14:10	13:50

KM	KM to go	Miles	Feature	Instruction	Description	38km/h	42km/h	46km/h
145.1	36.8	90.2	Sign		Bemersyde	14:33	14:12	13:51
145.4	36.5	90.4		Keep Left		14:33	14:12	13:51
146.2	35.7	90.9	KoM 4	Finish	Cat 3 – Scott's View	14:34	14:13	13:52
146.2	35.7	90.9			Green Zone for 200m	14:34	14:13	13:52
146.3	35.6	91.0		Caution!	Fast Descent!	14:34	14:14	13:53
147.0	34.9	91.4		Keep Right		14:36	14:15	13:54
147.5	34.4	91.7	T.Junction	Left	B6360	14:36	14:15	13:54
148.0	33.9	92.0		Caution!	Fast Descent!	14:37	14:16	13:55
148.3	33.6	92.2		Keep Right		14:38	14:16	13:55
148.3	33.6	92.2		Caution!	Narrow Bridge	14:38	14:16	13:55
152.2	29.7	94.6	Sign		Gattonside	14:44	14:22	14:00
152.2	29.7	94.6		Caution!	Buildout Offside	14:44	14:22	14:00
154.0	27.9	95.8	T.Junction	Left	B6374	14:47	14:25	14:03
154.4	27.5	96.0		Caution!	Narrow Bridge	14:47	14:25	14:03
154.7	27.2	96.2	Sign		Melrose	14:48	14:26	14:03
155.7	26.2	96.8		Caution!	Buildout Nearside	14:49	14:27	14:05
156.1	25.8	97.1	Sprint 3		Melrose	14:50	14:28	14:05
156.2	25.7	97.1	Junction	Right	B6374 High St – Against No Entry!	14:50	14:28	14:05
156.4	25.5	97.3	X.Roads	Right	B6359 Dingleton Road	14:50	14:28	14:06
156.5	25.4	97.3	KoM 5	Start	Cat 2	14:50	14:28	14:06
159.0	22.9	98.9	KoM 5	Finish	Cat 2 – Dingleton	14:54	14:32	14:09
159.0	22.9	98.9			Green Zone for 200m	14:54	14:32	14:09
159.1	22.8	98.9		Caution!	Fast Descent!	14:55	14:32	14:09
161.1	20.8	100.2		Caution!	Sharp Bend Right!	14:58	14:35	14:12
161.7	20.2	100.6	X.Roads	Left	A699	14:59	14:36	14:12
161.9	20.0	100.7			20km to Race Finish	14:59	14:36	14:13
161.9	20.0	100.7	Drinks Finish		Green Zone for 200m	14:59	14:36	14:13
165.9	16.0	103.2	X.Roads	Straight	A699	15:05	14:42	14:18
166.9	15.0	103.8			15km to Race Finish	15:07	14:43	14:19
166.8	15.1	103.7		Keep Right	A699	15:07	14:43	14:19
168.0	13.9	104.5	Sign		Maxton	15:09	14:45	14:21
171.9	10.0	106.9			10km to Race Finish	15:15	14:50	14:26
176.9	5.0	110.0			5km to Race Finish	15:22	14:57	14:32
178.9	3.0	111.2			3km to Race Finish	15:26	15:00	14:35
178.9	3.0	111.2			Green Zone for 200m	15:26	15:00	14:35
180.5	1.4	112.2		Keep Left	A699	15:28	15:02	14:37
180.9	1.0	112.5	Sign		Kelso	15:29	15:03	14:37
181.3	0.6	112.7		Keep Left	A699	15:29	15:04	14:38
181.4	0.5	112.8	T.Junction	Left	A699 Kelso Bridge	15:30	15:04	14:38
181.9	0.0	113.1	Finish		The Square – Kelso	15:30	15:04	14:38