



ASP ENTRY CRITERIA FOR CURRENT AND PREVIOUS TARGET SPORTS (as agreed with each sport's National Governing Body)

Athletics

1. Athletes who meet either of the following criteria will be given priority and should qualify for the ASP.
 - **scottishathletics** performance programme member, National Youth Academy member, or relay squad member but not yet receiving UKA or SIS support.
OR
 - athlete has achieved a Power of 10 standard in their event that season.

Any Borders based members of **scottishathletics** performance programme who receive support through UKA or SIS will receive a facilities access pass.

2. Applications may also be considered on a non-priority basis from athletes who meet any of the following criteria:
 - Athletes in the U17 age-group or older who have achieved the relevant UK Power of 100 standard, have a progressive profile in terms of their UK ranking, are training in an environment which is conducive to further such progress, athlete and coach have already shown commitment to develop, and are endorsed by the appropriate member of the **scottishathletics** performance team as being someone who will benefit from the ASP support available and has strong potential for improvement towards the priority entry criteria listed above within an agreed timeframe.
OR
 - Athletes from non-Track&Field disciplines eg Road Running, Cross-Country, Hill Running etc who have achieved exceptional or consistently high competition placings at UK level and **scottishathletics'** recommendation.
OR
 - Previous **scottishathletics** performance programme athletes who, on **scottishathletics** recommendation, are still committed to and have the potential to return to that level and/or compete in the next Commonwealth Games.
3. Applications from other athletes will be considered only in exceptional cases eg a talent transfer athlete who has not been part of the **scottishathletics** performance programme but who, on **scottishathletics** strong recommendation, has the potential for improvement to priority entry level within 2-3 years.

Notes: Applications will normally be considered once per year in conjunction with **scottishathletics** and will be contemporaneous with their annual end-of-season review and squad selections, usually around October each year.

Badminton

1. Players who meet the following criteria will be given priority and should qualify for the ASP.

Stage 1 – Under 13 through the Under 15 age-group

- **BADMINTONscotland** National Age-Grade Squad established member no younger than the end of their Under 12 season.
- Recommendation from **BADMINTONscotland** that the player will benefit from the one-to-one ASP support available and has been identified as having potential to be a future member of the Senior Performance Squad.

Stage 2 – Under 17 through the Under 19 age-group

- **BADMINTONscotland** National Age-Grade Squad established member.
- Recommendation from **BADMINTONscotland** that the player will benefit from the one-to-one ASP support available and has been identified as having strong potential to be a future member of the Senior Performance Squad.
- Indication from the athlete that they aim post-school to reside/study in or close enough to Glasgow to facilitate entry to the Senior Performance Squad based at the National Badminton Academy, such indication to be verified with more definite plans within one year.

In addition, any Borders based players who are members of **BADMINTONscotland's** Senior Performance squad or the GB Performance squad, who receive support services through the sportscotland Institute of Sport, will receive a facilities access pass.

2. Applications from other players will be considered in exceptional cases eg a player who has not been part of **BADMINTONscotland's** Performance Programme due to exceptional circumstances but who, on **BADMINTONscotland's** recommendation, has the potential for improvement to that level within a short time-frame.

Cricket (under review)

1. Players who meet all of the following criteria will be given priority and should qualify for the ASP:

- Current U18 Eastern Regional Academy squad; and
- Regular Scotland U17 or U15 player the preceding season (at least 2/3rds of matches for which available); and
- Identified by Cricket Scotland as a player who has strong potential to qualify for an Academy Scholarship for the Cricket Performance Course at Telford College and to progress through to senior national representative level.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:

- Current U18 Eastern Regional Academy squad; and
- Scotland U17 or U15 player the preceding season; and
- Identified by Cricket Scotland as a player who, with specific achievable improvements, has the potential to qualify for an Academy Scholarship for the Cricket Performance Course at Telford College and to progress through to senior national representative level.

3. Applications from other players will be considered in exceptional cases eg
 - an exceptional U15 East Regional Academy player and first-choice stand-out Scotland U15 player who has already been identified by Cricket Scotland for the next intake to the U18 Eastern Regional Academy and potential senior national representative level.
 - Senior Women's squad with a strong recommendation from Cricket Scotland regarding the player's commitment, attitude and long-term future.
 - Women's U17 squad with a strong recommendation from Cricket Scotland that the player is likely to progress to senior national representative level.

Cricket Notes:

- Applications will normally be considered once per year in conjunction with Scottish Cricket and will be contemporaneous with their annual end-of-season review and squad selection, usually around October each year.
- The ASP "graduation" target for successful applicants will be the Academy Scholarship.

Cycling - Road/Track/Mountain XC/Downhill

1. Riders who meet the following criteria will be given priority and should qualify for the ASP.
 - A racer on the British Cycling Talent Programme but is not on SIS support.
 - Scottish Cycling's recommendation that the rider will benefit from the one-to-one ASP support available with definite potential/is likely to achieve British Cycling Olympic Development Programme or Scottish Cycling's Senior Athlete Programme within an agreed timeframe.

In addition, Borders based racers who are members of Scottish Cycling's Senior Athlete Programme, who receive the equivalent support services through Scottish Cycling or SIS, will receive a facilities access pass.

- 2: Applications will also be considered from riders who meet the following criteria:
 - A Youth A (U16) or Junior (U18) racer on Scottish Cycling's Performance Programme, not on SIS support, with a progressive profile and has demonstrated that they are regularly competitive at UK level taking account of the nature and strength of the event (e.g. in MBT within 106% of winner, in Downhill within 108% of the winner).
 - Scottish Cycling's recommendation that the rider will benefit from the one-to-one ASP support available with definite potential/is likely to achieve British Cycling Talent or ODP Programme or Scottish Cycling's Senior Athlete Programme or membership of the Downhill Academy elite within an agreed timeframe.
(Note: Such applications will normally be considered contemporaneous with an annual end-of-season review with Scottish Cycling.)
- 3: Applications may also be considered on a non-priority basis from riders who meet the following criteria:
 - Previous British Cycling or Scottish Cycling Senior Athlete Programme racers who, on Scottish Cycling's recommendation, still have the potential to qualify again for BC/SC's Senior Athlete Performance Programme or Commonwealth Games training groups.

- 4: Applications from other riders will only be considered in exceptional cases, such as a late developing rider or talent transfer athlete who has not been part of the Scottish or GB Performance Programme but who, on Scottish Cycling's strong recommendation, has the potential for improvement to the GB Performance Programme or to Commonwealth Games representation for Scotland or to the Downhill Academy elite within an agreed timeframe.

Football

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Players (U15 to U17) from the Borders who are already on a youth contract and in their second consecutive year at the same senior professional club (i.e. current Premiership or Championship club). (NB the request for ASP support must be confirmed through the club.); AND
 - Confirmation from the club that the player is a regular and consistent starter and is very likely to be kept on the following season.

 - Current U15 or U17 Girls SFA National Squad player; AND
 - Recommendation from the SFA that the player is very likely to progress to the SFA U17 or U19 Girls National Squad. (Note: Players must be able to demonstrate their full commitment to playing beyond the U15 age-group and their plans for doing so.)

In addition, Borders based players who are members of the SFA's National Squad at senior , or U19 level (who receive the equivalent support services through the SFA) will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - U13 player already an exceptional stand-out player at a current Premiership or high level Championship club (NB in their second consecutive year at that club and the request for ASP support must be confirmed through the club.);
 - AND
 - Strong recommendation from the club that the player is very likely to obtain a youth contract at the club. (Note: Such recommendations should take account of not only the player's technical ability, but also their tactical awareness, team ethic, mindset, ability to learn, development potential, both technical and physical, and the overall strength of the squad.)

Football Notes re ASP Term of Support

Unless there are truly exceptional circumstances, then

1. A senior professional club player (U15 to U17) from the Borders who is already on the ASP but who is released by that club may continue to receive ASP support for an agreed term in order to try and regain a place at another senior professional club, however ASP support will not continue beyond the end of the U17 age-group.
2. ASP support will be discontinued for girls who do not play regular club football beyond the U15 age-group. Currently this would be in the U17 Central East South East League.

Hockey

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Current U18 or U16 Scottish Hockey Internationalist.
 - Strong recommendation from Scottish Hockey that the player has been identified as being very likely to progress through to senior national representative levelIn addition, Borders based players who are members of Scottish Hockey's National Squad at senior or U21 level (who receive the equivalent support services through Scottish Hockey or ESIS) will receive a facilities access pass.
2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Current U18 or U16 Scottish Hockey Performance Programme player with a recommendation from Scottish Hockey that the player, with improvement, could potentially progress to senior national representative level.
 - Current U21 National squad player who does not receive ESIS support.
 - Recent U21 National squad player, still U23, and Scottish Hockey recommendation that the player, with improvement, could potentially progress to senior national representative level
3. Applications from other players will be considered in exceptional cases eg a late developing player who has not been part of the Scottish Hockey Performance Programme but who, on Scottish Hockey's strong recommendation, has the potential for improvement to senior National Squad level within 2-3 years.

Rugby

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Borders U16 or U17 squad stand-out player
 - Very close to SRU Regional Academy selection
 - Expected to be first-choice Scotland age-grade team member
 - On the SRU's recommendation, has the potential to obtain a Scottish Rugby Elite Development contract within 3 years (and potentially Scotland senior representation thereafter).Players in this category will effectively "graduate" from the ASP once they are in the SRU Regional Academy.
2. Applications will also be considered on a non-priority basis from:
 - Designated Tier 4 player* for Edinburgh or Glasgow for the forthcoming season (one year term of support only)
OR
Scotland Seven training squad member (non-pro) for the IRB Sevens World Series for the forthcoming season.
 - Under 23 years of age
 - On the SRU's recommendation, still have the potential for improvement in order to obtain an SRU professional contract or to represent Scotland at the Commonwealth Games.(*Late developing Tier 4 players will be given priority over previous Academy or NAGP players.)

3. Applications from other players (e.g. Borders U15 players) will be considered but only in truly exceptional cases.

Per discussions with the SRU there will be an annual review and intake of rugby players in October of each year. This will allow assessment of progress made over the close season by players identified at the previous season end as potential ASP athletes.

The entry criteria for women's rugby is on hold pending a review.

Swimming

1. Swimmers who meet either of the following criteria* will be given priority and should qualify for the ASP.
 - Senior Bronze Squad (Age 17+)
 - National Youth Development Squad (Silver Youth age 13 to 16)In addition, Borders based swimmers who receive support services through the East or National Institute of Sport will receive a facilities access pass.
2. Applications will also be considered on a non-priority basis from swimmers who meet the following criteria:
 - East District Regional Programme (Bronze Youth/Age) subject to a recommendation from Scottish Swimming that the swimmer has demonstrated the required standards of commitment, attendance at training and attitude, and has the potential to progress to the next level.

*These criteria are based on Scottish Swimming's National Squad Selection Criteria which are available on the Scottish Swimming website under "Downloads" then "Swimming" or by following the link below <http://www.scottishswimming.com/assets/files/downloadfiles/Swimming/National%20Squad%20Selection%20Policy%20and%20Times%202009-10.pdf>

Tennis

1. Players who meet the following criteria will be given priority and should qualify for the ASP.
 - Competition age 11-16 years old with a GB ranking between 11 and 20; and
 - Recommendation from Tennis Scotland that the player is a strong candidate to progress through to Player Performance Potential (PPP) level, and thereafter to ESIS level, and will benefit from the one-to-one ASP support available.In addition, Borders based players who are members of Tennis Scotland's PPP squad who receive support services through the East or National Institute of Sport will receive a facilities access pass.

2. Applications will also be considered on a non-priority basis from players who meet the following criteria:
 - Competition age 11-16 years old with a GB ranking between 21 and 50; or
 - Competition age 10 and Under - Green 1; or
 - Competition age 9 and Under - Orange 1; or
 - Competition age 8 and Under – Red 1; and
 - Recommendation from Tennis Scotland that the player has the potential to progress to GB 13-16 top 10 and will benefit from the one-to-one ASP support available.

3. Applications from other players will be considered in exceptional cases eg a player who has not made the selection criteria for Tennis Scotland's Performance Programme due to exceptional circumstances but who, on Tennis Scotland's recommendation, has the potential for improvement to that level within 2 years.