

Community Learning and Development

Kelso Learning Community Partnership

Plan 2018-2021

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Purpose of this plan

This plan details how organisations and community groups will provide **community learning and development (CLD)** opportunities in the Kelso learning community over the next three years. The plan supports the Scottish Borders Community Planning Partnership aim of **reducing inequalities** by providing learning opportunities that result in:

- Improved life chances for people of all ages, through learning, personal development and active citizenship
- Stronger, more resilient, supportive, influential and inclusive communities.

In Kelso, people with an interest in CLD have been working towards this vision of Kelso as a learning community:

“A learning community seeks to address the learning needs of its locality through partnership. It uses the strengths of institutions, public, private and voluntary services, and community groups to enable young people and adults to achieve to their full potential. Learning communities use learning as a way to build community capacity, and to promote social cohesion, social inclusion, regeneration and economic development.”

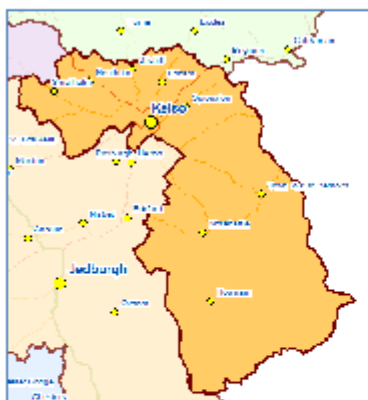
Learning in Scotland’s Communities, 2011

CLD Guidance and Regulations (Scottish Government, 2012 &13) place a duty on Scottish Borders Council to provide a 3 year plan for CLD.

The plan that follows details how the CLD Learning Community Partnership will work together to use CLD learning to reduce inequalities in Employment & Income, Attainment, Achievement and inclusion, Health and Wellbeing and Keeping People Safe.

Profile of the Kelso Learning Community

Kelso and District – Overview of Population, Deprivation, Unemployment and Schools



Kelso and District ward has a population of 10,317. The main settlements (population of 500 or more) in the ward are Kelso and Town Yetholm.

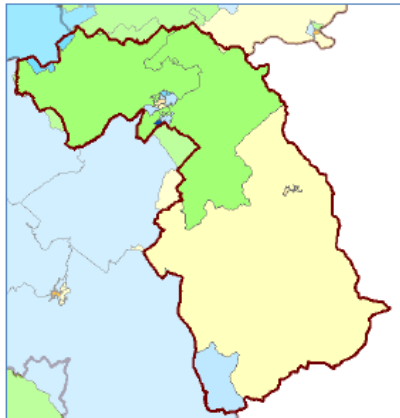
The 2015 population estimates were produced by the [National Records of Scotland](#).

The percent of children in low income families is produced by [HMRC](#).

Datzone Name (2011)	DZ2011 Code	Children Population 2015	Working Age Population 2015	Pension Age Population 2015	Total Population 2015
Kelso N - Abbotsseat	SD1012336	103	331	189	623
Kelso N - Hendersyde Oakfield	SD1012335	185	621	173	979
Kelso N - High Croft Orchard Park	SD1012334	143	488	292	923
Kelso N - Poynder Park	SD1012337	93	513	220	826
Kelso S - Abbey	SD1012339	58	333	181	572
Kelso S - Bowmont and Edenside	SD1012338	78	387	211	676
Kelso S - Broomlands	SD1012340	189	538	319	1,046
Kelso S - Maxwelllough	SD1012331	155	423	109	687
Kelso S - Pinnaclehill	SD1012330	56	309	187	552
Morebattle Hownam and Area	SD1012329	125	478	239	842
Smallholm Stithill and Ednam Area	SD1012332	141	580	246	967
Sprouston and Area	SD1012333	171	577	274	1,022
Town Yetholm	SD1012328	71	311	220	602
Kelso and District Total		1,568	5,889	2,860	10,317
Scottish Borders		18,975	68,307	26,748	114,030
Scotland		912,262	3,477,740	982,998	5,373,000
Kelso		1,060	3,943	1,881	6,884

Datzone Name (2011)	% Children Population 2015	% Working Age Population 2015	% Pension Age Population 2015	% Children In Low Income Families (2014)
Kelso N - Abbotsseat	16.5%	53.1%	30.3%	15.8%
Kelso N - Hendersyde Oakfield	18.9%	63.4%	17.7%	10.1%
Kelso N - High Croft Orchard Park	15.5%	52.9%	31.6%	21.9%
Kelso N - Poynder Park	11.3%	62.1%	26.6%	19.8%
Kelso S - Abbey	10.1%	58.2%	31.6%	15.8%
Kelso S - Bowmont and Edenside	11.5%	57.2%	31.2%	19.4%
Kelso S - Broomlands	18.1%	51.4%	30.5%	14.6%
Kelso S - Maxwelllough	22.6%	61.6%	15.9%	6.3%
Kelso S - Pinnaclehill	10.1%	56.0%	33.9%	23.2%
Morebattle Hownam and Area	14.8%	56.8%	28.4%	16.1%
Smallholm Stithill and Ednam Area	14.6%	60.0%	25.4%	13.2%
Sprouston and Area	16.7%	56.5%	26.8%	12.2%
Town Yetholm	11.8%	51.7%	36.5%	24.6%
Kelso and District Total	15.2%	57.1%	27.7%	16.4%
Scottish Borders	16.6%	59.9%	23.5%	14.0%
Scotland	17.0%	64.7%	18.3%	18.4%
Kelso	15.4%	57.3%	27.3%	16.3%

Kelso and District – Overview of Population, Deprivation, Unemployment and Schools

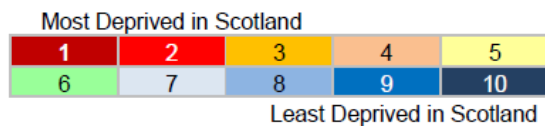


The Scottish Index of Multiple Deprivation (SIMD) is the official tool to identify small area concentrations of multiple deprivation across all of Scotland in a consistent way.

The **SIMD2016** comprises of 28 indicators across 7 SIMD Domains: Employment, Income, Education, Health, Access, Crime and Housing.

Full details of the [SIMD2016](#) can be found on the Scottish Government's Website.

Scottish Index of Multiple Deprivation - Deciles



6 Fold Urban / Rural Classification

1	Settlements of 125,000 or more people.
2	Settlements of 10,000 to 124,999 people.
3	Settlements of 3,000 to 9,999 people and within 30 minutes drive of a settlement of 10,000 or more.
4	Settlements of 3,000 to 9,999 people and with a drive time of over 30 minutes to a settlement of 10,000 or more.
5	Areas with a population of less than 3,000 people, and within a 30 minute drive time of a settlement of 10,000 or more.
6	Areas with a population of less than 3,000 people, and with a drive time of over 30 minutes to a settlement of 10,000 or more.

Scottish Index of Multiple Deprivation 2016: 1 = Most Deprived, 10 = Least Deprived

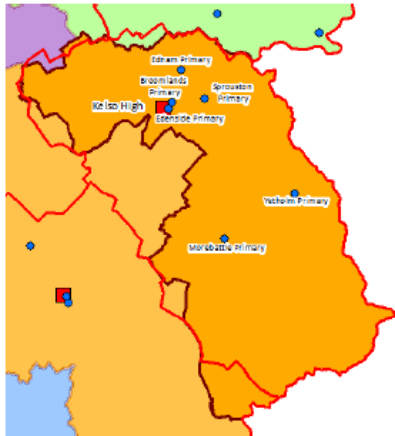
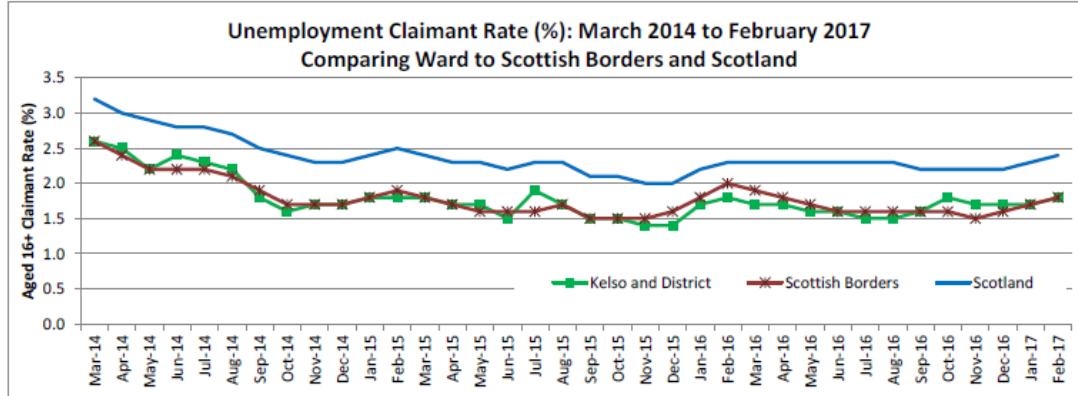
Datzone Name (2011)	Overall Decile	Income decile	Employment decile	Health decile	Education decile	Housing decile	Access decile	Crime decile	Urban / Rural
Kelso N - Abbotseat	7	7	6	7	6	9	7	7	4
Kelso N - Hendersyde Oakfield	8	7	7	7	6	9	7	9	4
Kelso N - High Croft Orchard Park	6	5	5	7	4	8	6	7	4
Kelso N - Poynder Park	4	4	3	4	4	8	10	4	4
Kelso S - Abbey	6	6	6	4	6	5	10	4	4
Kelso S - Bowmont and Edenside	5	4	4	5	6	5	10	4	4
Kelso S - Broomlands	7	7	6	7	6	9	6	9	4
Kelso S - Maxwellheugh	10	9	10	9	10	10	3	10	4
Kelso S - Pinnaclehill	7	6	5	7	7	9	5	8	4
Morebattle Hownam and Area	5	6	6	7	8	8	1	10	6
Smailholm Stitchill and Ednam Area	6	5	8	7	10	9	1	8	6
Sprouston and Area	6	7	7	8	7	8	1	8	6
Town Yetholm	4	5	5	6	4	6	1	10	6

Kelso and District – Overview of Population, Deprivation, Unemployment and Schools

The **Unemployment** Claimant Rate for Kelso and District has consistently been similar to the rate for Scottish Borders and below Scotland.

The Scottish Borders Economic Development team produces an [economic bulletin](#) each month.

Official labour market statistics provided by Office of National Statistics can be found on the [NOMIS](#) website.



According to the **School Census** September 2016 there were 1,318 pupils attending the various schools in Kelso and District.

All the primary schools in Kelso and District ward are 'feeder' schools for Kelso High School.

Ward Name	School	High School Catchment	Female Pupils	Male Pupils	All Pupils
Kelso and District	Broomlands Primary	Kelso High School	116	124	240
	Edenside Primary	Kelso High School	167	155	322
	Ednam Primary	Kelso High School	24	22	46
	Kelso High School	Kelso High School	312	262	574
	Morebattle Primary	Kelso High School	30	23	53
	Sprouston Primary	Kelso High School	15	15	30
	Yetholm Primary	Kelso High School	23	30	53
Kelso and District Total			687	631	1318

Mapping of CLD Activity

Long term Outcome	Short Term Outcomes	Mapping of CLD Activity
<div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: fit-content;"> EMPLOYMENT AND INCOME </div>	<i>People in the learning community will increase their employability through improving their skills, knowledge and confidence for life, learning and work</i>	Active schools are delivering SCQF accredited Sport Leaders qualifications to young people at Kelso High School.
		Active Schools are leading on a year of young people project for Live Borders. It's called LIVE My Future. It goes live in March and will see up to 10 young people, aged 16-26, who are not in employment, education or training going through a tailored 16 week employability program in order to upskill them and prepare them to step into employment or further education
		Active Schools are delivering a Young Coach Academy in Kelso High School. Participants can gain Leadership Qualifications, First Aid at Work and a UKCC Level 1 Qualification
		Active Schools recruit and train adult volunteers as sports coaches and assistants. Once trained participants can be employed through LIVE Borders
		Activity Agreements offer 1:1 support to young people who have left school and do not currently have a positive destination
		Adult Learning Opportunities are available in literacies and IT skills through SBC Community Learning and Development (Adult Learning)
		Cheviot Youth have employed an Employability Support Worker who can work with young people

<p><i>Young people will have increased awareness of their employability and use it to progress to further learning and training, volunteering or work</i></p>	<p>CLDS at Kelso High School, VCB and the Older, Queens House and SBC Peoples Community Capacity Building Team have developed a volunteering opportunities programme for S5 and S6 pupils to highlight volunteering opportunities available. KHS plan to extend this to other partners next year.</p>
	<p>Community Learning and Development (Youth Learning) delivers 1:1 and group work support to Kelso High School pupils aimed at developing Employability Skills as well as supporting young people into flexible work experience or volunteering</p>
	<p>Kelso High School pastoral staff, CLDS and partner agencies meet 3 times per year to look at 'Positive Futures' employability support for young people</p>
	<p>Kelso High School pupils are participating in numerous opportunities through DYA (Developing the Young Workforce).</p>
	<p>Police Scotland have opportunities for youth volunteers.</p>
	<p>Skills Development Scotland deliver 1:1 support to pupils in Kelso High School. Also a post-school service and work with anyone up to retirement age. In addition to Careers Advisers we have Work Coaches who support harder to reach clients and those who are furthest from being 'job ready'</p>
	<p>Volunteer Centre Borders work with Volunteer Ambassadors within Kelso High School to encourage Volunteering Opportunities</p>
	<p>Works+ (formerly Tomorrow's People) deliver training to young unemployed people aged 16-25 based at the Focus Centre in Galashiels</p>
	<p>Young People are volunteering with the Quarriers Wellbeing service and the Youth Work in Schools Programmes</p>
	<p>SBC Employment Support Service deliver Employability Fund at Stages 2 and 3. Employability Fund is available to anyone of school leaving age and above and is funded by Scottish Government.</p>

Long term Outcome	Short Term Outcome	Mapping of CLD Activity in LC
<div style="border: 1px solid black; background-color: #f4a460; padding: 5px; width: fit-content;"> HEALTH AND WELLBEING </div>	<i>Individuals and groups will have the capacity and capability to take action to improve their own health and well-being</i>	Over 50's Walking Football (weekly within KHS)
		Active Schools offers weekly sports activities to primary and secondary pupils
		Borders Youth Theatre every Thurs at JGS 4pm juniors, 6pm seniors.(Young volunteers from KHS attend).
		Cheviot Youth are delivering weekly youth clubs in the Planet Youth Project in Kelso for young people from Primary 5 up to age 18
		Cheviot Youth have employed a Mental Health and Wellbeing worker to support young people
		CLDS (Youth Learning) delivers in conjunction with partners Easter and Summer Activity Programmes.
		Extra Curricular Activities and groups available within Kelso High Schooll include D of E, LGBT, Health and Wellbeing mentoring and various lunch-time clubs.
		Kelso PEF Youth Worker is designing and developing a Breakfast Club for PEF or LAC pupils from S1, S2 and S3 within the Kelso High School. Also delivering activities within the local primary schools. Pupils are accredited through Youth Scotland Hi 5 and dynamic Youth Awards
		Kelso Schools Staff, pupils and parents are participating in Growing in Confidence Training.
		Numerous Sports activities are being delivered within the town including Running, Athletics, Rugby, Football, Hockey, Netball, Badminton, Karate, Tai Kon Do, Swimming, Bowling.
Kelso High School meets 3 times per year with partners to look at Health and Wellbeing support for young people.		

		<p>Kelso Gentle Exercise Group runs a weekly keep fit club for older people on Fridays (10-12) within Kelso Rugby Club, (delivered by Fitborders)</p>
		<p>PEF (Children receiving free school meals, clothing grants) or LAC pupils can access activities for free through Active Schools.</p>
		<p>Quarriers Wellbeing Service practitioner is based in Kelso High School full time. Quarriers offer short intervention support aimed at building resilience in young people.</p>
		<p>RVS (Royal Volunteer Service) has a social centre for older people with weekly activities.</p>
		<p>Kelso High School CLDS staff, PEF and youth workers carried out a survey of all pupils using questions designed around the SHANNARI indicators. (Well Being Web) Results from the questionnaire have been used to develop H& W support and programmes across the school.</p>
	<p><i>Community-led health and peer support approaches will be developed to increase the availability of informal social support networks in communities (with a specific focus on older people)</i></p>	<p>Kelso Men's Shed now operating from a base in Roxburgh Street, Kelso.</p>
		<p>Food Train – their Meal Makers service is available in the area. www.mealmakers.org.uk</p>
		<p>Kelso Foodbank run by volunteers from the local Churches supports local people</p>
		<p>Uniformed organisations including scouts, brownies, guides, cadets.</p>
		<p>Walk it Walks with walk leaders every Tuesday and Thursday in Kelso</p>
		<p>Kelso Senior Citizens indoor bowling every Monday and Thursday within Abbey Row Community Centre.</p>

Long term Outcome	Short Term Outcomes	Mapping of CLD Activity
<div data-bbox="129 443 421 593" style="background-color: #f4a460; padding: 5px; border: 1px solid black;">KEEPING PEOPLE SAFE</div>	<i>Targeted vulnerable groups(especially young people) will have increased skills, knowledge and confidence to make positive lifestyle choices for themselves</i>	Quarriers Wellbeing Service practitioner is based in the Grammar School full time.
		CLDS H & W Youth Learning Programmes
		Kelso Schools Youth Worker (PEF) programmes
		Police delivering educational programmes in schools
		SBC delivering Child Protection awareness programmes in Kelso High School.
		Cheviot Youth offering a C Card Service in The Planet Youth Project, Youth workers in KHS offering same.
		School Nursing offers a drop in and referral service to Kelso High School pupils

Long term Outcome	Short Term Outcomes	Mapping of CLD Activity
<div data-bbox="129 376 421 536" style="border: 1px solid black; background-color: #FFDAB9; padding: 5px; display: inline-block;"> ATTAIMENT, ACHIEVEMENT AND INCLUSION </div>	<i>Partners will increase their commitment to promote and deliver more opportunities to support vulnerable young people (especially LAC and vulnerable YP) into positive destinations</i>	Kelso Schools have employed a full time youth worker to deliver new health and wellbeing programmes to young people from P1 - S3 receiving free school meals, clothing grants or LAC. Opportunities to gain accreditation in Hi 5 Awards and Dynamic Youth Awards
		CLDS (Youth Learning) targets programmes at vulnerable young people and / or young people at risk of not having a positive destination. Opportunities to gain accreditation in DYA, YAA or SQA
		CLDS (Adult Learning) offers family learning opportunities
		Cheviot Youth works closely with Kelso High School and offers opportunities to vulnerable young people. Opportunities to gain accreditation in Hi 5, DYA and YAA
		Active schools offer their activities free to young people from P1 up to S3 who are either receive Free school meals, Clothing Grants or LAC.
		Kelso High School meets with partners 3 times a year to look at 'Positive Futures' employability support for vulnerable young people
		Kelso High School meets with partners 3 times a year to look at Health and Wellbeing support for vulnerable young people
		SBC Activity Agreement Service, Skills Development Scotland, SBC Employment Service and Works+ offer 1:1 and group work support aimed at supporting young people into further learning or employment to vulnerable young people after they leave school. Opportunities to gain an SQA accreditation.
		SDS offer 1:1 support to vulnerable young people in school.

		Cheviot Youth offer free evening and holiday activities to vulnerable young people who receive either free school meals or clothing grants.
	<i>More Looked after Children and Vulnerable Young people from areas of deprivation will be supported through positive transitions at all stages of their learning</i>	Kelso Learning Community Partnership led by CLDS (Youth Learning) identify and support 'vulnerable families' throughout the year. The purpose is to look at the family as a whole and offer support and provision of learning opportunities as required.
	<i>Families will have raised aspirations and ambition to support key transitions and positive destinations</i>	CLDS youth, adult and family learning support young people and their families through key life transitions

Long term Outcome	Short Term Outcomes	Mapping of CLD Activity
<div data-bbox="129 379 427 523" style="background-color: #f4a460; padding: 5px; border: 1px solid black; text-align: center;"> HOUSING AND NEIGHBOURHOOD </div>	<i>Partners will increase the opportunities for tenancy support</i>	<p>Scottish Borders Housing Association (SBHA) offer support to tenants in Kelso which includes an: Employability Advisor, Financial Inclusion Advisor, Welfare Benefits; Change Works (Heating tariffs, fuel poverty etc), Housing and Maintenance</p> <p>Eildon Housing have a Tenancy Sustainment Team for help, information and advice on:</p> <ul style="list-style-type: none"> •benefits and completing claim forms •settling into your new home as a new tenant •budget plans to help you manage paying rent and other bills •accessing grant funding for furnishings, carpets or kitchen appliances •accessing other services, including Social Work, Citizens' Advice Bureau, and other support agencies •managing the condition of your property •managing your tenancy •being a good neighbour
	<i>Partners will increase opportunities for improving financial capabilities to mitigate Welfare Reform</i>	CLDS adult learning

	<i>Partners will increase opportunities for digital inclusion to mitigate welfare reform</i>	CLDS adult learning
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Long term Outcome	Short Term Outcomes	Mapping of CLD Activity
BUILD CAPACITY to reduce inequalities	<i>Partners will increase the capacity of organisations and community groups to support more volunteering opportunities</i>	Kelso Learning Community Partnership (KLCP) co-ordinator with VCB and Community Capacity Building Team (Older Adults) and other partners are designing intergenerational programmes around social isolation and health and wellbeing issues for the over 50's.
		KLCP co-ordinator sends out monthly bulletins with information and training opportunities for partners
		Cheviot Youth delivers training which is accessible to all members of the partnership working with young people.
		The Bridge provides guidance and support to build capacity of new and existing third sector organisations in governance and legal structures/ business and financial planning/project development and funding; all to ensure the development of strong, sustainable, enterprising organisations (both 1:1 support and training workshops).
	<i>Partners will increase the capacity of organisations and community groups to</i>	The Bridge maintains a database of third sector organisations and services
		The Bridge and its TSI Partners are working together on developing links between organisations and volunteers from defined excluded groups

	<i>provide opportunities to support learning through all life stages</i>	The Bridge aims to develop local networking for third sector organisations around health and social isolation issues
		The Bridge will continue to raise awareness of opportunities for greater participation in decision-making, and other aspects of the Community Empowerment Act such as Asset Transfer, Right to Buy, Abandoned, Neglected or Detrimental Land
		The Bridge and its TSI Partners will provide information sessions to local third sector and community groups on how to engage with strategic policy and present their views, either as individual organisations or via thematic networks to local and national government.
		The Bridge and its TSI Partners will work with support agencies to identify gaps/opportunities for collaborative working with key infrastructure third sector /community organisations/ social enterprises
		The Bridge and its TSI Partners will support Focus Groups/Network Meetings/Third Sector Forum events bringing together people from different sectors to share best practice

Summary of consultation with learners and learning providers

Who was consulted	How many people were involved	Main issues raised	Equalities Impact Assessment: protected characteristic where known?
Kelso Learning Community Partners	15	Employability and Health and Wellbeing	
Pupil Voice Members	10	SHANARRI Indicators	Age, Disability, Carers, Poverty
Cheviot Local Area Partnerships	32	Life skills / Employability Skills	Age, Disability, Carers, Poverty
Kelso High School Health and Wellbeing Survey	130 S1-S3 pupils	14 S1 pupils and 3 S3 reported feeling unsafe in school. It was felt that this was related to a number of false fire alarms activated over a specific period of time in early 2019.	Age
LGBT Bronze Charter Consultation champion group and pupils	12	Toilets, Set up LGBT Champion Group and LGBT+ Pupil Group, confronting stereotypes and challenging homophobia	Age, Sexual Orientation

Equality characteristics

Age (Older or younger people or a specific age grouping)
Disability e.g. Effects on people with mental, physical, sensory impairment, learning disability, visible/invisible, progressive or recurring
Gender (Males, Females, Transgender or Transsexual people)
Race Groups: including colour, nationality, ethnic origins, including minorities (e.g. gypsy travellers, refugees, migrants and asylum seekers)
People with Religious or other Beliefs: different beliefs, customs (including atheists and those with no aligned belief)
Sexual Orientation , e.g. Lesbian, Gay, Bisexual, Heterosexual

Marriage and civil partnership Marriage is a union between a man and a woman or between a same-sex couple. Same-sex couples can also have their relationships legally recognised as 'civil partnerships'. Civil partners must not be treated less favourably than married couples (except where permitted by the Equality Act).

Pregnancy and Maternity (refers to the period after the birth, and is linked to **maternity** leave in the employment context. In the non-work context, **protection** against **maternity** discrimination is for 26 weeks after giving birth),

Carers (those who have caring responsibilities for someone with an equality Characteristic)

Poverty (people who are on a low income including benefits claimants, people experiencing fuel poverty, isolated rural communities etc)
(people who are on a low income including benefits claimants, people experiencing fuel poverty, isolated rural communities etc)

Employees (those employed by the Council including full time, part time and temporary)

Priorities for 2018-21

- The promotion of intergenerational work across the learning community to help reduce social isolation.
- The promotion of emotional health and well-being for all ages within the learning community.

Improvement Plans for 2018-21

1. What is the area for improvement?	Intergenerational opportunities
CLD Strategic Partnership Key Objective	Key Objective 1: Reduce inequalities and improve the wellbeing of Borders Communities through early intervention and prevention approaches.
Reducing Inequalities Theme	Health and Wellbeing
CLD short term outcomes	<ul style="list-style-type: none"> • Individuals and groups will have the capacity and capability to take action to improve their own Health and Wellbeing • Community led peer support will be developed to increase the availability of informal support networks in communities (with a focus on older people)
Key Performance Indicators	<p>1.2.1 Participation: Number of participants in opportunities to Improve their Health and Wellbeing</p> <p>1.2.2 Achievement: Number of participants reporting achievement of Health and Wellbeing outcomes</p> <p>1.2.3 Progression: Number of participants making a lifestyle change</p> <p>1.2.4 Progression: Number of participants volunteering in community health and peer support groups and networks (older people and others)</p> <p>1.2.5 Progression (capacity building): Number of community led health and peer support groups and networks supporting Health and Wellbeing outcomes (older people and others)</p>

1. What actions will we take?	Lead	Partners	2018/19	2019/20	2020/21
CLDS and Kelso PEF Youth Worker will meet with the Community Capacity Team Worker to look at opportunities for intergenerational projects between PEF pupils and adults.	CLDS (Youth Learning)	SBC Community Capacity Building Team, Kelso High School, CLDS (Youth Learning), Broomlands PS (BPS), Edenside PS,(EPS) Yethol PS,(YPS) (DYA/YAA/Hi5)	x	x	x
KHS and CLDS to develop intergenerational opportunities with older adults to attend High School and look at developing IT skills and other learning opportunities.		CLDS KHS CCB	x		
CLDS, Kelso PEF worker and Yetholm PS working with P5/6/7 pupils to design and develop a Careers Fair to be held in the school before Easter. Participating pupils will gain either DYA/Hi5 accreditation.		CLDS PEF YPS	x		
CLDS and KHS to look at developing an outdoor gardening programme with pupils supported by Kelso Men's Shed and council of Kelso churches. (DYA/Hi5 accreditation)		CLDS KHS Mens Shed	x		

CLDA, KHS, Alzheimer's Scotland and Queen's House are developing an enhanced volunteering opportunity programme involving KHS pupils, staff and residents at Queens House. Extended intergenerational work and volunteering experiences will be developed with the opening of Murray House in Kelso. Accreditation potential via completion of DYA/YAA course work (currently restricted to senior phase pupils due to age restrictions on volunteering).		CLDS KHS Queens House, Murray House, Alzheimer's Scotland	x	x	x
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2. What is the area for improvement?	Emotional health and wellbeing
CLD Strategic Partnership Key Objective	Key Objective 1: Reduce inequalities and improve the wellbeing of Borders Communities through early intervention and prevention approaches
Reducing Inequalities Theme	Health and Wellbeing
CLD short term outcomes	<ul style="list-style-type: none"> • Individuals and groups will have the capacity and capability to take action to improve their own Health and Wellbeing • Community led peer support will be developed to increase the availability of informal support networks in communities (with a focus on older people)
Key Performance Indicators	1.2.1 Participation: Number of participants in opportunities to improve their health & wellbeing 1.2.2 Achievement: Number of participants reporting achievement of health and wellbeing outcomes 1.2.3 Progression: Number of participants making a lifestyle change 1.2.4 Progression: Number of participants volunteering in community led health and peer support groups and networks (older people and others)

	1.2.5 Progression (capacity building) : Number of community led health and peer support groups and networks supporting Health and Wellbeing outcomes (older people and others)
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2. What actions will we take?	Lead	Partners	2018/19	2019/20	2020/21
KHS will offer Growing in Confidence workshops to all Kelso High School parents. Programme being run out in some (not all) primary schools.	KHS	CLDS Primary Schools	X	X	X
Quarriers, KHS youth worker, Health and Wellbeing Mentors (KHS pupils) will develop and deliver Health and Wellbeing training programmes around issues of mental health to be delivered on 1:1 basis or via PSE classes to all year groups.		KHS CLDS	X	X	X
KHS youth worker will continue to develop the LGBT group which meets weekly in school. Once the Bronze Charter mark has been achieved pupil mentors within the group will lead the group with support from LGBT youth worker and KHS youth worker.	KHS	KHS CLDS LGBT (Youth)	x	x	x
Yetholm PS supported by CLDS and PEF worker are designing and delivering a Careers Fair where parents and employers are invited to come and see how it links to Developing the Young Workforce.	CLDS	PEF YPS	x		
KHS pastoral staff will encourage parents to take up entitlement to free School meals and / or clothing grants.	KHS	CLDS PEF	x	x	x

CLDS (Adult Learning) will develop a Living With Parents programme in conjunction with identified Primary schools within the learning community.	CLDS		x		
KHS School Improvement Plan includes 'Increase parental engagement in learning'	KHS	CLDS PEF	X	X	X
CLDS (Adult Learning) will offer PEEP 3 year old groups to primary school parents and look at PEEP babies groups for carers and babies	CLDS		X	X	X

Improvement Planning:

Progress on Plans will be reported to the Partnership each quarter. The Partnership will carry out an annual review to see how the Plan is working and what needs to happen next.

CLD partners who have contributed to this Plan:

Active Schools
All Awards Ltd
Borders College
Cheviot Youth
Kelso High School
Edenside Primary School
Broomlands Primary School
Yetholm and Morebattle Primary Schools
Ednam and Sprouston Primary Schools
Queens House Care Home
SBC Employmnet Support Services

Locality Resources Coordinator, Alzheimer Scotland
Live Borders
Police Scotland (Community)
Quarriers Resilience for Wellbeing Service
SBC Building Community Capacity (Older Adults)
SBC Community Learning and Development (Adult Learning)
SBC Community Learning and Development (Youth Learning)
Skills Development Scotland
The Bridge
Volunteer Centre Borders
Interest Link

For more information about this plan contact:

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For more information about the CLD Strategy contact:

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Norrie Tait CLD Team Leader (youth)

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GLOSSARY OF TERMS

CLD	Community Learning and Development
CLDS	Community Learning and Development Service, SBC
SBC	Scottish Borders Council
KHS	Kelso High School
PEF	Pupil Equity Funding
HMRC	HM Revenue and Customs
SIMD	Scottish Index of Multiple Deprivation
NOMIS	Office for National Statistics
SCQF	Scottish Credit and Qualifications Framework
PDA	Personal Development Award
VCB	Volunteer Centre Borders
JAAT	Joint Agency Action Team
DYW	Developing the Young Workforce
SBC	Scottish Borders Council
OAP	Old Age Person
PEF	Pupil Equity Funding
LAC	Looked after Children
RVS	(Royal Volunteer Service)
H & W	Health and Wellbeing
DYA	Dynamic Youth Awards
SQA	Scottish Qualifications Authority
YAA	Youth Achievement Award
SDS	Skills Development Scotland