

joint health improvement

BUSINESS PLAN 2016/17 – 2018/19

PARTNERSHIP



If you require more information on anything in this plan, email performance@scotborders.gov.uk

About Joint Health Improvement

An overview of our services

Joint Health Improvement
Business Plan 2016/17 – 2018/19

Total SBC Budget: tbc

Total SBC FTE: 1.60

Total NHS Budget: tbc

Total NHS FTE: 22.62

FTE = Full Time Equivalent
employee

- Leads and supports improvement in health and health inequalities in Scottish Borders
- Identifies and addresses local health improvement priorities in partnership
- Supports services and partners in achieving health improvement (HI) outcomes
- Delivery of effective health improvement programmes (with different age groups and population groups):
 - Nutrition and Food
 - Physical Activity
 - Tobacco
 - Relationships and Sexual Health
 - Equality and Diversity
 - Mental Health / Suicide Prevention
 - Communities

Early years

Our children have the best start in life and are ready to succeed, positive pregnancy and healthy babies, improved maternal health, improved babies and child health

Children and Young People

Our children have the best start in life and are ready to succeed. Inequalities in health and wellbeing are reduced

Older People

We live longer healthier lives; health inequalities are reduced

Communities and Groups

We have tackled the significant inequalities in Scottish society

Our Successes and Areas for Improvement

An overview of our recent successes and areas of service delivery that could be improved

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	Successes	Areas for Improvement
Overall	<ul style="list-style-type: none"> Partnership development eg with Community Learning and Development Community capacity building including peer support and volunteering development Health inequalities needs assessment 	<ul style="list-style-type: none"> Engagement with partners to implement priorities in Health Inequalities action plan Strengthen health improvement in health and social care and support the management of long term conditions, particularly for adults with multiple conditions Develop proportionate approaches to target vulnerable groups at risk of poor health
Early years	<ul style="list-style-type: none"> Early years health improvement – nutrition, income maximisation, parenting support Embedding health improvement approaches 	<ul style="list-style-type: none"> Promote mental health and wellbeing and reduce inequalities in mental health Build capacity in core services for prevention and early intervention
Children and Young People	<ul style="list-style-type: none"> Delivery of child healthy weight programme Healthy relationships work with CYP services 	<ul style="list-style-type: none"> Promote mental health and wellbeing and reduce inequalities in mental health Build capacity in core services for prevention and early intervention
Older People	<ul style="list-style-type: none"> Needs assessment Partnership development 	<ul style="list-style-type: none"> Promote mental health and wellbeing and reduce inequalities in mental health Build capacity in core services for prevention and early intervention
Communities and Groups	<ul style="list-style-type: none"> Community capacity building through HLN Targeted programme development 	<ul style="list-style-type: none"> Promote mental health and wellbeing and reduce inequalities in mental health Reduce risk of preventable diseases in vulnerable groups

Key actions for 2016/17

Joint Health Improvement Business Plan 2016/17 – 2018/19

Overall	<ul style="list-style-type: none">• Support for partners to maximise their contribution to reducing health inequalities
Early years	<ul style="list-style-type: none">• Working with Early Years services to deliver programmes of Health Improvement (Physical Activity, Tobacco education & Infant Nutrition), antenatally and post birth• Supporting improvements in maternal mental health
Children and Young People	<ul style="list-style-type: none">• Working with Education to deliver programmes in Food and Nutrition & t• Tobacco prevention, sexual health and relationships support for CYP services• Mental health – develop approaches to support young people’s mental health and support partners to deliver programmes for whole school approach such as TAMFS
Older People	<ul style="list-style-type: none">• Working with partners to raise awareness of Food and Nutrition, Physical Activity, Tobacco (Quit4Good), Suicide Prevention and development of Mental Health pathways to inform, advise and support• Healthy Living Network: core programmes Reminiscence, Lunch Club, Healthy Living Group, Carpet Bowls, Seated Keep Fit, Gentle Exercise
Communities and Groups	<ul style="list-style-type: none">• Community lead Health Improvement through Healthy Living Network• Support for Food and Nutrition projects with Learning Disabilities, Social Care staff and Volunteers• Physical Activity and improving mental health through Branching Out programme• Tobacco Quit4Good acute care pathways, Intensive and brief advice training for key staff groups• Suicide prevention support and prevention awareness raising through training• Sexual Health and Relationships development of various partner projects