



TRANSITIONS: Parent and Carer Checklist

PEOPLE WHO MAY BE INVOLVED IN A YOUNG PERSON'S TRANSITION:

	Name	Contact
Advocate		
Borders College staff		
Children affected by disability CHAD worker		
Children and Families Social worker		
Children and adolescent mental health service (CAMHS)		
Local Area Co-ordinator		
School staff		
Transitions Point of Contact person		
Transitions Worker		
Other		
Other		

Some questions to think about in the transition process:

EDUCATION

- When will our young person leave school?
- What plans can we make after school e.g. college / other?
- Can my young person have trials for college / work?
- Who is the named lead education professional?
- Does our young person need a referral to the Local Area Co-ordination Team?
- When will my young person's planning start?
- Who do I speak to if I have any questions about what is happening?

HEALTH

- Is a health transition needed?
- Who is the named lead health professional we will work with?
- What will be different in adult health services?
- When will our young person move to adult health services?
- Will this happen at different times?
- Will our young person require any different equipment to meet their health needs?
- If yes who is responsible for organising this?

SOCIAL WORK – this could be CHAD worker, LD Service

- Does our young person need a referral to a transitions worker/social worker in the Learning Disability Service?
- When will our young person's Assessment and Care Plan be completed?
- Is Guardianship needed for when our young person reaches 16 years?
- Do I have information from Social Work about:
 - Eligibility for services
 - Charging policy
 - Self-directed Support options
 - Adult services available – ask to visit them
 - Sign posting to additional sources of advice and information available
 - Complaints procedure for Scottish Borders Council, NHS Borders
- Who will help with welfare benefits referral?
- What are the changes to welfare benefits?
- Are there transport considerations/options to think about?

SUPPORT FOR CARERS

- Referral to Carer Centre Yes / No?
- Carer support plan in place Yes / No?
- Are there any Carer support groups nearby?
- Are there any parent carers / young people we can speak to about moving into adult services?

OTHER AREAS TO THINK ABOUT

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